

Sun

Mon

Tue

Wed

Thu

Fri

Sat

 <p>BIRTHDAYS THIS MONTH</p> <p><i>Marcy S. 7/25 Evie H. 7/29</i></p>	<p>1 A 9:00 MORNING CHAT A 10:30 SENIOR FIT A 1:00 GROUP CROSSWORD PUZZLE/ AMERICA A 2:00 BOOK CLUB RR 3:00 ZOOM CALL A 2:30 ARTS AND CRAFTS/ RED, WHITE & BLUE WREATHS</p>	<p>2 A 9:00 CARDIO CHAIR DRUMMING A 9:30 MUSIC INSTRUMENTS A 10:00 BINGO A 1:00 NAME THAT COUNTRY TUNE A 1:30 BOX CARDS A 3:00 ARM CHAIR TRAVEL / STORY OF AMERICA/ FORGING A NATION W/ CRACKER JACKS</p>	<p>3 O 9:00 BLACK BEAR DINER A 9:00 LCR-LEFT CENTER RIGHT A 10:30 SENIOR FIT A 1:00 THE BOX CARDS D 3:00 BIBLE STUDY W/CHAP. HANEY RR 3:00 ZOOM CALL</p>	<p>4 A 9:00 GENTLE STRETCH A 10:00 PICK-A-PRIZE POKENO A 1:00 FIREWORKS SALT PAINTING 2:00 4TH OF JULY PARTY A 3:15 BOOK CLUB</p>	<p>5 A 9:00 BINGO A 10:30 SENIOR FIT A 1:00 AMERICAN TRIVIA A 1:30 ICE CREAM SOCIAL WITH MUSIC A 2:00 TAPPLE BOARD GAME RR 3:00 ZOOM CALL A 3:15 FROM MY PERSPECTIVE SOCIAL GAME</p>	<p>6 A 10:00 CHAPLAIN CHAT A 2:00 UNO</p>
<p>7 A 9:00 GENTLE STRETCH A 10:00 GO FISH A 1:00 HISTORY TRIVIA A 2:00 CRAZY 8 CARDS A 3:00 TEXT TWIST</p>	<p>8 A 9:00 RIDDLE ME THIS A 9:30 SPICEY FARKLE DICE A 10:30 SENIOR FIT A 1:00 BOOK CLUB A 1:30 SCRABBLE RR 3:00 ZOOM CALL A 3:15 GARBAGE CARDS</p>	<p>9 A 9:00 GENTLE STRETCH A 9:30 MUSIC INSTRUMENTS A 10:00 BINGO A 1:00 TEA PARTY A 2:00 PLANT MINI GARDEN A 3:00 HANGMAN A 3:30 REMINECSE READING</p>	<p>10 O 9:00 WALMART TRIP A 10:30 SENIOR FIT A 1:00 ARM CHAIR TRAVEL / LONDON'S STREETS OF STORIES W/ BAGELS A 2:00 GARBAGE CARDS A 3:00 BIBLE STUDY W/CHAP. HANEY RR 3:00 ZOOM CALL</p>	<p>11 A 9:00 CORE EXERCISE A 10:00 PICK-A-PRIZE POKENO A 1:00 HANGMAN A 1:30 GROUP CROSSWORD PUZZLE/ EUROPE D 2:00 BIRTHDAY PARTY A 3:15 ARTS AND CRAFTS / PAINTING WITH BALLOONS</p>	<p>12 A 9:00 BINGO A 10:30 SENIOR FIT A 1:00 ROOTBEER FLOAT SOCIAL A 2:00 MAKE PAPER LANTERNS RR 3:00 ZOOM CALL A 3:15 FROM MY PERSPECTIVE SOCIAL GAME</p>	<p>13 A 10:00 CHAPLAIN CHAT A 2:00 GARBAGE CARDS</p>
<p>14 A 9:00 CHAIR YOGA A 10:00 GARBAGE CARDS A 1:00 ANIMAL TRIVIA A 2:00 TEXT TWIST A 3:00 CRAZY 8 CARDS</p>	<p>15 A 9:00 BINGO A 10:30 SENIOR FIT A 1:00 RENDEVEER A 2:00 BUNCO DICE GAME RR 3:00 ZOOM CALL A 3:15 GROUP CROSSWORD/ ETHIOPIA</p>	<p>16 A 9:00 CHAIR YOGA A 9:30 MUSIC INSTRUMENTS A 10:00 TIE DYE CLOTH/ ETHIOPIAN COLORS A 1:00 BOX CARDS A 2:00 BINGO</p>	<p>17 O 9:00 DOLLAR TREE TRIP A 10:30 SENIOR FIT A 1:00 A WRECK OF DECK A 2:00 HANG MAN A 3:00 BIBLE STUDY W/CHAP. HANEY RR 3:00 ZOOM CALL</p>	<p>18 A 9:00 ZUMBA A 10:00 PICK-A-PRIZE POKENO A 1:00 VIRTUAL COMEDY SHOW A 1:30 TEXT TWIST A 2:00 ARM CHAIR TRAVEL / JOURNRY THROUGH ETHIOPIA –AFRICA TRAVEL A 3:30 FUNNY VIDEOS</p>	<p>19 A 9:00 BINGO A 10:30 SENIOR FIT A 1:00 ARTS & CRAFTS - WEAVING – ETHIOPIAN PATTERNS AND COLORS/ BOOKMARKS RR 3:00 ZOOM CALL A 3:15 FLY SWATTER BALL</p>	<p>20 A 10:00 CHAPLAIN CHAT A 2:00 BOX CARDS</p>
<p>21 A 9:00 CORE EXERCISE A 10:00 HANG MAN A 1:00 FOOD TRIVIA A 2:00 A WRECK OF DECK A 3:00 ANIMAL DOCUMENTARY</p>	<p>22 A 9:00 MORNING SOCIAL WITH DONUT HOLES AND COFFEE A 10:00 HANMAN A 10:30 SENIOR FIT A 1:00 MUSIC INSTRUMENTS A 1:30 BOOK CLUB A 2:00 ARM CHAIR TRAVEL / EGYPT: YESTERDAY & TODAY / RICK STEVES</p>	<p>23 A 9:00 CORE EXERCISE A 10:00 BINGO A 1:00 ARTS AND CRAFTS - MAKE MINI PYRAMIDS A 3:00 MUMMY WRAP RELAY A 3:30 TEXT TWIST</p>	<p>24 A 9:00 L*C*R A 10:30 SENIOR FIT A 1:00 GO FISH A 2:00 CRAZY 8 CARDS A 3:00 BIBLE STUDY W/CHAP. HANEY RR 3:00 ZOOM CALL</p>	<p>25 A 9:00 CHAIR YOGA A 10:00 PICK-A-PRIZE POKENO A 1:00 TRIVIA OF EGYPT A 1:30 TEXT TWIST A 2:00 BELLY DANCE WITH JASIRAH SNACK SOCIAL / KOSHARI A 3:00 GARBAGE CARDS</p>	<p>26 A 9:00 BINGO A 10:30 SENIOR FIT A 1:00 HEIROGLYPHIC QUEST RR 3:00 ZOOM CALL A 3:15 MUSIC TRIVIA</p>	<p>27 A 10:00 CHAPLAIN CHAT A 2:00 OLYMPIC OPENING CEREMONY</p>
<p>28 A 9:00 ZUMBA A 10:00 BINGO A 1:00 COUNTRY TRIVIA A 2:00 LCR-LEFT CENTER RIGHT A 3:00 GARBAGE CARDS</p>	<p>29 A 9:00 BOX CARDS A 10:00 WILDLIFE SPOTTER GAME A 10:30 SENIOR FIT A 1:00 BOOK CLUB A 2:00 ARM CHAIR TRAVEL / ALASKA - THE LAST FRONTIER NATURE</p>	<p>30 A 9:00 MORNING EXERCISE A 9:30 ARTS AND CRAFTS A 10:30 MUSICAL INSTRUMENTS A 1:00 SPICEY FARKLE A 2:00 HOT TEA W/ SNO BALL A 2:30 ADULT COLORING/ ALASKA A 3:30 FISHING FOR FUN/ PRIZES</p>	<p>31 A 9:00 UNO A 10:00 REMINECSE READING A 10:30 SENIOR FIT A 1:00 GROUP CROSWORD PUZZLE/ ALASKA A 2:00 STAINED GLASS PAINTING A 3:00 BIBLE STUDY W/CHAP. HANEY RR 3:00 ZOOM CALL</p>		<p>LOCATION KEY:</p> <p>A - ACTIVITY ROOM 1st Floor D - DINING ROOM L - LOBBY O - OUTING / MEET IN THE LOBBY RR - RESIDENT ROOM</p>	