

AUGUST 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	LOCATION Activity Room (AR) Centerview 3rd Floor Lounge (C3FL) Centerview Lounge (CL) Dining Room (DR) Fitness Center (FC) Garden Cafe (GC) Library (L) Lobby (L) Northridge 3rd Floor Lounge (N3FL) Pool (P)	ACTIVITY LEGEND ♥ Heart + Spirit	* For Any activity followed by an asterisk(*), please sign up at the concierge desk!	8:00am Cornhole (AR) 1 9:00am Water Fitness (P) 10:30am Price is Right (AR) 11:00am Working Hands (C3FL) 11:30am "Move to the Beat" Chair Exercise with Kelley (AR) 2:00pm Activity Chat with Faith (AR)	9:00am Senior Fit Class (Stretch 2 Relax) (AR) 2 9:00am Post Office 9:30am Balance and Stretch (AR) 10:00am Movie Matinee: Mama Mia (AR) 10:00am Shopping: Safeway, Walgreens or CVS 12:30pm LCR (AR) 2:00pm Dancing Divas & Dudes (AR) 6:00pm Bridge (AR)	9:00am Ladder Ball (AR) 3 10:30am Bingo (AR) 12:00pm Rummikub (AR) 2:00pm Peaceful Patterns with Katy (New!) (AR) 3:00pm Cornhole (FC) 6:00pm Game Night (GC)	
	3:00pm Around the World in 80 Days: The Americas- North, Central, South Worship Hour- Guest Speaker: Chaplain Tom Haney (AR) 4	9:00am Shopping: Fry's 5 9:00am Senior Fit Class (Core Builders) (AR) 9:30am Balance and Stretch (AR) 11:30am Chair Yoga with Kelley (AR) 1:00pm Farkle! (CL) 1:30pm Shopping: Fry's 2:00pm + Catholic Communion Service (AR) 2:00pm Catholic Mass (AR) 2:30pm Rosary (AR) 6:00pm Bingo (AR)	9:00am Water Fitness (P) 6 9:30am Lap Quilts (AR) 10:00am Coffee & Crosswords (GC) 12:15pm Wii Bowling (AR) 1:30pm Pick A Prize Bingo (AR) 2:30pm Ice Cream Social* (GC) 6:00pm Hand & Foot (AR)	9:00am Senior Fit Class (Balance Fitness) (AR) 7 10:00am + Bible Study (AR) 11:00am Breaking Bread (AR) 11:30am Shopping: Fry's 10% Off 12:30pm Passport Rendevers Tour: Carnival (AR) 1:30pm Bank Run 1:30pm Shopping: Fry's 10% Off 2:00pm Walker Wash! (L) 6:00pm Bunco (AR)	8:00am Cornhole (AR) 8 9:00am Water Fitness (P) 11:00am Working Hands (C3FL) 11:30am "Move to the Beat" Chair Exercise with Kelley (AR) 1:00pm Passport Party: Oh Canada!* (GC) 2:00pm Functional Pathways Presents: Bladder Health and Urinary Incontinence (AR)	9:00am Senior Fit Class (Stretch 2 Relax) (AR) 9 9:30am Balance and Stretch (AR) 10:00am Shopping: Safeway, Walgreens or CVS 10:30am Wheel of Fortune (AR) 12:30pm LCR (AR) 1:30pm Shopping: Dollar General 2:00pm Dancing Divas & Dudes (AR) 3:00pm Happy Hour - Margaritas & Olympic Trivia! (L) 6:00pm Bridge (AR)	9:00am Axe Throwing (AR) 10 10:30am Bingo (AR) 12:00pm Rummikub (AR) 1:00pm Private Party (AR) 3:00pm Cornhole (FC) 6:00pm Game Night (GC)
	3:00pm Around the World in 80 Days: Africa Worship Hour- Guest Speaker: Pastor Arnie Frank (AR) 11	Safari Scavenger Hunt Begins! 12 9:00am Morning Exercise with Faith and Katy (AR) 9:00am Shopping: Fry's 10:00am Blood Pressure Clinic (CL) 11:30am Chair Yoga with Kelley (AR) 1:00pm Farkle! (CL) 1:30pm Shopping: Saver's 1:30pm Shopping: Fry's 2:00pm + Catholic Communion Service (AR) 2:30pm Rosary (AR) 6:00pm Bingo (AR)	9:00am Water Fitness (P) 13 9:30am Lap Quilts (AR) 10:00am Mary K Cosmetics (GC) 12:15pm Wii Bowling (AR) 1:30pm Pick A Prize Bingo (AR) 3:00pm New Resident Mixer (GC) 6:00pm Hand & Foot (AR)	7:30am Men's Breakfast (DR) 14 9:00am Morning Exercise with Faith and Katy (AR) 10:00am + Bible Study (AR) 11:00am Breaking Bread (AR) 1:00pm ♥ Senior Resource Fair 1:30pm Bank Run 1:30pm Shopping: Super Walmart (19th Ave & Bell) (Limit 14) 6:00pm Bunco (AR)	8:00am Cornhole (AR) 15 9:00am Water Fitness (P) 10:00am Walker Scooter Repair (Sign Up) 10:00am Vet to Vet (AR) 11:00am Working Hands (C3FL) 11:30am "Move to the Beat" Chair Exercise with Kelley (AR) 2:00pm Horse Races! (AR) 3:30pm Dinner Out: Times Square (Limit 14) 6:00pm Evening Entertainment: April Yeager (AR)	Safari Scavenger Hunt Ends! 16 9:00am Morning Exercise with Faith and Katy (AR) 9:00am Post Office 10:00am Shopping: Safeway, Walgreens or CVS 11:00am Birthday Luncheon (invite Only) (AR) 12:30pm LCR (AR) 2:00pm Dancing Divas & Dudes (AR) 3:00pm Caregiver Support Group (L) 6:00pm Bridge (AR)	9:00am Ladder Ball (AR) 17 10:30am Bingo (AR) 12:00pm Rummikub (AR) 2:00pm Passport Movie Matinee: The Lion King (AR) 3:00pm Cornhole (FC) 6:00pm Game Night (GC)

AUGUST 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Around the World in 80 Days: Australia 18</p> <p>3:00pm Worship Hour-Guest Speaker: Pastor Bud Downs (AR)</p>	<p>9:00am Morning Exercise with Faith and Katy (AR) 19</p> <p>9:00am Shopping: Fry's</p> <p>11:30am Chair Yoga with Kelley (AR)</p> <p>1:00pm Farkle! (CL)</p> <p>1:30pm Shopping: Fry's</p> <p>2:00pm + Catholic Communion Service (AR)</p> <p>2:30pm Rosary (AR)</p> <p>3:00pm Book Club Meeting (L)</p> <p>6:00pm Bingo (AR)</p>	<p>9:00am Water Fitness (P) 20</p> <p>9:30am Lap Quilts (AR)</p> <p>10:00am Coffee & Crosswords (GC)</p> <p>11:30am Avon (GC)</p> <p>12:15pm Wii Bowling (AR)</p> <p>1:30pm Pick A Prize Bingo (AR)</p> <p>2:45pm Passport Event: Acrylic Painting with Faith* (AR)</p> <p>6:00pm Hand & Foot (AR)</p>	<p>9:00am Morning Exercise with Faith and Katy (AR) 21</p> <p>10:00am + Bible Study (AR)</p> <p>11:00am Breaking Bread (AR)</p> <p>11:00am Cholla Library (Metrocenter)</p> <p>1:30pm Bank Run</p> <p>2:00pm Passport Party: Aussie Treats!* (AR)</p> <p>2:30pm Low Vision Support Group (N3FL)</p> <p>6:00pm Bunco (AR)</p>	<p>8:00am Cornhole (AR) 22</p> <p>9:00am Water Fitness (P)</p> <p>10:30am Concentration (AR)</p> <p>11:00am Working Hands (C3FL)</p> <p>11:30am New Resident Luncheon (Invite Only) (DR)</p> <p>11:30am "Move to the Beat" Chair Exercise with Kelley (AR)</p> <p>1:00pm Headbands Game! (AR)</p> <p>2:00pm Crafts with Teresa! (Limit 10)* (AR)</p> <p>3:30pm Dinner Out: Outback Steakhouse (Limit 14)</p>	<p>9:00am Senior Fit Class (Stretch 2 Relax) (AR) 23</p> <p>9:30am Balance and Stretch (AR)</p> <p>10:00am Outing: OdySea Aquarium (See Faith to sign up - \$35)</p> <p>10:00am Shopping: Safeway, Walgreens or CVS</p> <p>12:30pm LCR (AR)</p> <p>2:00pm Dancing Divas & Dudes (AR)</p> <p>3:00pm Passport Happy Hour - Kangaroo Kick* (L)</p> <p>6:00pm Bridge (AR)</p>	<p>9:00am Axe Throwing (AR) 24</p> <p>10:30am Bingo (AR)</p> <p>12:00pm Rummikub (AR)</p> <p>2:00pm Peaceful Patterns with Katy (New!) (AR)</p> <p>3:00pm Cornhole (FC)</p> <p>6:00pm Game Night (GC)</p>
<p>Around the World in 80 Days: Pacific Islands 25</p> <p>3:00pm Worship Hour-Guest Speaker: Chaplain Lee Spivey (AR)</p>	<p>9:00am Shopping: Fry's 26</p> <p>9:00am Senior Fit Class (Core Builders) (AR)</p> <p>9:30am Paparazzi Jewelry Everything \$5 (GC)</p> <p>9:30am Balance and Stretch (AR)</p> <p>11:00am Lunch Out: Café Rio (Limit 14)</p> <p>11:30am Chair Yoga with Kelley (AR)</p> <p>1:00pm Farkle! (CL)</p> <p>1:30pm Shopping: Fry's</p> <p>2:00pm + Catholic Communion Service (AR)</p> <p>2:30pm Rosary (AR)</p> <p>6:00pm Bingo (AR)</p>	<p>9:00am Water Fitness (P) 27</p> <p>9:30am Lap Quilts (AR)</p> <p>12:15pm Wii Bowling (AR)</p> <p>1:30pm Pick A Prize Bingo (AR)</p> <p>3:00pm Curana Health Presentation (AR)</p> <p>6:00pm Hand & Foot (AR)</p>	<p>9:00am Senior Fit Class (Balance Fitness) (AR) 28</p> <p>10:00am + Bible Study (AR)</p> <p>11:00am Breaking Bread (AR)</p> <p>1:30pm Bank Run</p> <p>1:30pm Shopping: Super Walmart (19th Ave & Bell) (Limit 14)</p> <p>2:30pm Wine Down Wednesday* (AR)</p> <p>6:00pm Bunco (AR)</p>	<p>Covid Clinic (Time & Details TBD) 29</p> <p>8:00am Cornhole (AR)</p> <p>9:00am Water Fitness (P)</p> <p>10:00am Coffee Chat with Kristie (AR)</p> <p>11:00am Working Hands (C3FL)</p> <p>11:30am "Move to the Beat" Chair Exercise with Kelley (AR)</p> <p>2:00pm Tie-Dye Craft* (AR)</p> <p>6:00pm Evening Entertainment: Jan Sandwich- Tribute to George Gershwin and Cole porter (AR)</p>	<p>9:00am Senior Fit Class (Stretch 2 Relax) (AR) 30</p> <p>9:30am Balance and Stretch (AR)</p> <p>10:00am Shopping: Safeway, Walgreens or CVS</p> <p>10:30am Passport Movie: Tahiti Documentary (AR)</p> <p>12:30pm LCR (AR)</p> <p>1:00pm Passport Party: Summer Luau Social!* (GC)</p> <p>1:30pm Shopping: Trader Joes</p> <p>2:00pm Dancing Divas & Dudes (AR)</p> <p>6:00pm Bridge (AR)</p>	<p>9:00am Ladder Ball (AR) 31</p> <p>10:30am Bingo (AR)</p> <p>12:00pm Rummikub (AR)</p> <p>2:00pm Passport Movie: Around the world in 80 Days (AR)</p> <p>3:00pm Cornhole (FC)</p> <p>6:00pm Game Night (GC)</p>