

Staff Directory

Concierge	Building A	623-300-9400
Executive Director	Jami Van Gysel	623-300-9401
Director of Resident Services	Carrie Brindley	623-300-9450
Director Of Operations	Keri McCormick	623-300-9420
Chaplain	Dan Brookey	623-300-9451
Director of Activities	Barb Rebmann	623-300-9455
Director Of Dining Services	John Halepis	623-300-9440
Dining Room Manager	Jessica Newsome	623-300-9443
To-Go Dining Meals		623-300-9441
Social Services Coordinator	Sandra Smith	623-300-9456
Assisted Living Director	Kelsea Dockham	623-300-9406
Housekeeping Supervisor	Terri Sena	623-300-9426
Fitness Center	Edith Resendiz	623-300-9498
Maintenance Requests	Concierge	623-300-9400
Transportation Requests	Concierge	623-300-9400
Oasis—Building B	Concierge	623-300-9460
Gift Shop	Carrie Brindley	623-300-9450
Beauty Shop	Stargazers Salon	623-300-9458
Business Office Manager	Leanne Augusto	623-300-9408

Our Mission

Through Christian love and excellence we are dedicated to providing a fulfilling lifestyle and promoting independence to those we serve.

Our Vision

A world where all people thrive and live with purpose.

Our Values

We believe in the immeasurable value of every person. Empowered by Christ's love, we joyfully serve with humility, integrity, compassion, and respect.



**FELLOWSHIP SQUARE
SURPRISE**

16477 W. Bell Road, Surprise, AZ 85374
623.300.9400

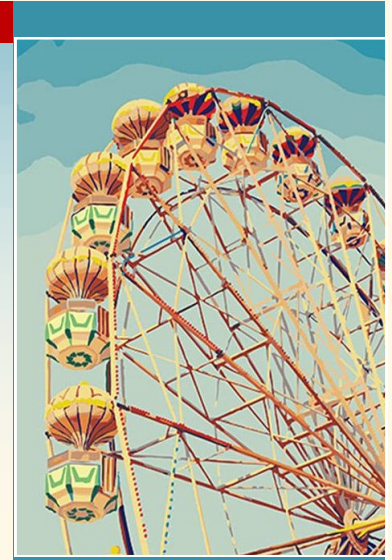
August 2024

Note From Carrie

Director of Resident Services, Carrie Brindley

Happy Summer Everyone!

I hope everyone is having a wonderful summer this year! In Arizona, with our hot, dry climate, one of the biggest seasonal health risks is dehydration. Drink water! Drink more water! Are you drinking enough water? Our bodies need water for many functions: cell reproduction and repair, digestion and elimination of waste products from the body, and temperature regulation, to name just a few. Most of us live day to day in a state of at least mild dehydration. “But it’s so annoying to have to keep running to the bathroom! Symptoms of mild dehydration include fatigue/tiredness, dry mouth, headache, muscle weakness, and dizziness, especially when you change positions – going from sitting down to standing up, for example. This increases fall risk, and we all know how serious that can be! More serious dehydration may cause confusion and irritability, rapid heart rate, lack of sweating and tears, and very little or no urination. At this point, you are likely to earn yourself a trip to your local emergency room for blood tests and a couple bags of IV fluids. Staying hydrated is way more important than most people realize and maybe not as difficult as you thought. Next time you are feeling tired or thirsty, don’t ignore your body’s signals – grab a big glass of your favorite beverage and drink up! Take a bottle of water with you wherever you go! If you are at home watching TV, try taking a few sips every time a commercial comes on! Stay hydrated and stay healthy!



*“County Fair,
County Fair.*

*Everybody in
Town Will Be
There.*

*So come on,
hey, we’re
goin’ down
there.*

*Down at to the
County Fair! “*

New Residents Welcome Home ~ We're So Glad You're Here!

Shirley Terpack

Helga Kaplan

Fred & Marilyn Atkari

Mike & Monika Kopeczynski

Jack Whitt



Special Events in August

- 8/1 ~ 1st Floor Block Party
- 8/1 ~ Activity Chat with Barb
- 8/2, 8/23 ~ Dealer's Choice Poker
- 8/2 ~ Entertainment Hour with Tim Hern
- 8/5 ~ Sam's Club Membership Sign-Ups
- 8/5 ~ Bacon Racin'
- 8/6, 8/13, 8/20 ~ The Chosen-Season 4
- 8/13, 8/20, 8/27 ~ Grief Support Group
- 8/6 ~ Watermelon Eating Contest
- 8/7 ~ It's the Wheel Thing Happy Hour
- 8/7 ~ Entertainment Hour with Julius Aguilar
- 8/8, 8/22 ~ Tai Chi with Jack
- 8/8, 8/22 ~ Art in Action with Liz Bercovich
- 8/8 ~ 2nd Floor Block Party
- 8/8 ~ New Resident Mixer & Orientation
- 8/9 ~ Ping Pong Pitch
- 8/9 ~ Trivia Time
- 8/10 ~ Resident Artisan Craft Sale
- 8/12 ~ Derm Now Meet & Greet
- 8/13 ~ Earrings For You
- 8/13 ~ Big Wheel Bingo
- 8/14 ~ Mary Kay Cosmetics
- 8/14 ~ Entertainment Hour with April Yeager
- 8/15 ~ Paparazzi Jewelry
- 8/15 ~ UTI Prevention with Curana Health
- 8/15 ~ Pie Eating Contest
- 8/15 ~ Resident Meeting with Carrie
- 8/16 ~ R.O.M.E.O. Breakfast Outing—Biscuits Café
- 8/16 ~ Back Country Bash
- 8/19 ~ Digital Sound Solutions: Hearing Aide Cleaning
- 8/19 ~ Luxe Apothicaire Lotion Bars & Lip Balms with Jennifer
- 8/19 ~ Neighborhood Navigators Meeting
- 8/19 ~ Reminiscing Today About Back in the Day
- 8/20 ~ Bob the History Guy
- 8/21 ~ Celebrating a Century-Happy Birthday Don Williams
- 8/21 ~ Entertainment Hour with Patrick McNally
- 8/22 ~ Entertainment Hour with Pianist, Nicole Pesce
- 8/23 ~ J.U.L.I.E.T. Breakfast Outing—Maple & Rye
- 8/23 ~ Jeopardy Trivia
- 8/26 ~ Avon with Michelle
- 8/26 ~ Coffee with Curana
- 8/26 ~ Price is Right
- 8/27 ~ Alpine Axe-Capades
- 8/27 ~ "Incontinence and Bladder Health" with Edith from Functional Pathways
- 8/28 ~ August Birthday Celebration
- 8/28 ~ Entertainment Hour with Dan Reed and Jim Whitaker
- 8/29 ~ 3rd Floor Block Party
- 8/29 ~ Dining Services Meeting
- 8/30 ~ Cotton Candy Cocktails
- 8/30 ~ Midway Miniature Golf

Chaplain Chats ~ Campus Chaplain, Dan Brookey

My wife and I dated in High School and got married two years later. Our 50th High School reunion is approaching, and we will be assembling in the bleachers at a football game on September 27th. This reminds me of the fight songs and the cheerleaders and marching band. The fight song was a boost to the players on the field, or in the case of basketball, on the floor. Fight Fight Fight... A word we have heard recently from the platform, but I digress. Some days are more difficult than others, wouldn't you say? Many times, we have to tell ourselves to keep going and enjoy life, even in and through the difficulties. So, we fight. In doing so we must continue to understand how precious life is and how much we should rely on our God. If we try and go through life on our own, in solitude, we miss the opportunity to have meaningful relationships and help from those who care for and love us. Like the cheerleaders who energize the players on the field and the crowd in the stands. People who surround us and cheer us on are a gift. The Apostle Paul was a cheerleader. When writing to his "true son in the faith" Paul wants to strengthen Timothy for the task at hand by being his cheerleader. Therefore, he encourages Timothy by instructing and teaching. At the end of his first letter to Timothy, Paul has three charges for Timothy. First, Paul tells him to stand firm in the faith. To stand firm in the faith, Timothy must renounce false teachers and the love of money. Paul personally, intimately, and relationally says ***"But you, man of God, flee from all this, and pursue righteousness, godliness, faith, love, endurance and gentleness. Fight the good fight of the faith. Take hold of the eternal life to which you were called when you made your good confession in the presence of many witnesses."*** 1 Timothy 6:11-12. The second encouragement Paul gave Timothy is to live above reproach. Otherwise, to live a blameless life. And finally, Paul instructs Timothy to minister faithfully. Paul suggests to Timothy to have good deeds and live generously. More importantly though, to ministry faithfully is to guard what has been entrusted to him which is the Good News of Jesus Christ. In all of this is embedded the fight. The fight to stand firm, the fight to keep going, the fight to show and be resilient. Fight Fight Fight... May this be encouragement to you today. Keep going, don't give up because God wants you to be firm and because it encourages others. Just as Paul spoke into Timothy's life, may I encourage you to speak into other people's lives that are close to you. Keep enjoying life even in and through the fight.

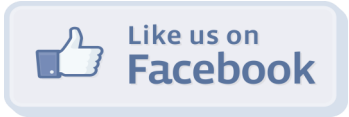
~ Chaplain Dan

Look Who's Having a Birthday!



Nancy Rambadt	8/1
Barbara Gurule	8/2
JoAnn Hall	8/3
Joan Kaczmarczyk	8/4
Willer Park	8/4
Donna Gustafson	8/6
Evelyn Stewart	8/6
Jane Iannarilli	8/8
Pamela O'Dell	8/9
Angeline Jozwiak	8/13
Barbara Theisen	8/15
Carlos Galan	8/16
Marlene Allen	8/17
Daniel McGillis	8/18
Zeke Wilmeth	8/18
Cliff Wilhelm	8/18
Virginia Willard	8/18
Larry Cox	8/19
Sharon Gabel	8/19
Suzanne Michaels	8/20
Caroline Poling	8/20
Wanda Dziuk	8/22
Roger Taylor	8/22
Don Williams	8/25
Will Van Whye	8/28
Merilee Thorson	8/29
William Park	8/30
James Frazier	8/31

Life Around Our House



Fellowship Square of Surprise

