

MONTH-AT-A-GLANCE MENU FOR AUGUST 1ST-31ST, 2024

SUNDAY

Menu Items Available Every Day

Soup:
♥ Vegetable

Ice Cream:
Vanilla,
Rainbow Sherbet

Sugar Free:
Vanilla
Butter Pecan

Salads & Sides:
Gelatin Salad • ♥ Tossed Salad w/ Dressing
♥ Cottage Cheese • Mashed Potatoes (Potato du Jour)

Entrées:
♥ Veggie Burger • ♥ Grilled Chicken Breast
Grilled Cheese Sandwich • Cheese Omelet or Scrambled Eggs
w/ Toast, Home Fries, Bacon or Sausage Patties
• Gluten Free Lentil Patties • Gluten Free Bread

Flavor of the Month: Cookie Dough Chocolate Chip

Dessert: Fresh fruit in place of dessert is available upon request.

MONDAY

TUESDAY

Delivery Times:
Monday - Saturday
 12:00pm, 1:00pm,
 4:00pm or 5:00pm
Sunday:
 12:00pm, 1:00pm, or 2:00pm

Times are subject to change depending on the amount of meals placed for delivery.

Contact Numbers:
 DELIVERY:
 520-731-6680

WEDNESDAY

Dining Room Hours
Monday - Saturday
 (All Day)
 11:30am - 5:00pm
To-Go - 11:30-5:45PM

Sunday
 11:00am - 2:00pm
To-Go- until 2:45pm

THURSDAY

1 **Chicken With Orzo Soup**

Roast Pork With Apple Sauce
 Shrimp Scampi
 Chicken Paillard
 Malibu Burger With Grilled Onions

Baked Potato
 Zucchini Medley
 Country Style Green Beans

Congo Bars

FRIDAY

2 **Clam Chowder**

Beer Batter Cod
 Smothered Salisbury Steak
 Chef Special
 Three Cheese Quiche

Au Gratin Potatoes
 Green Beans With Bacon
 Roasted Cauliflower

Hurricane Cake

SATURDAY

3 **Mushroom Barley Soup**

Veal Parmesan With Garlic Bread
 Catch Of The Day
 Chicken Wing Fling Basket
 Green Vegetarian Curry

Macaroni & Cheese
 Italian Seasoned Green Beans
 Parmesan Acorn Squash

Lemon Lime Soda Cake

4 **Italian Wedding Soup**

Corn Beef Hash With Over Medium Eggs
 Catfish St. James
 Chicken Cordon Blue
 Quinoa Salad

Roast Potatoes
 Glazed Acorn Squash
 Sautee Spinach

Chocolate Peanut Butter Pie

5 **Manhattan Clam Chowder**

Apricot Glazed Chicken
 Beer Battered Cod
 Philly Cheese Steak
 Spinach & Feta Grilled Cheese Sandwich

Scalloped Potatoes
 Roasted Brussel Sprouts
 Whipped Carrots

Assorted Dessert

6 **Chicken Tortilla Soup**

Beef Nachos
 Tex Mex White Fish
 Roasted Chicken
 Black Bean Chili

Pinto Beans, Bacon & Green Chili
 Spanish Rice
 Broccoli Cauliflower

Cranberry Cake

7 **Chicken, Vegetable & Rice Soup**

Gyro & Frys
 Greek Lasagna (Pastitsio)
 Chicken Athenian (Roast Chicken With Herbs)
 Roasted Vegetable Medley With Tofu

Basmati Rice
 Sauteed Spinach & Onions With Herbs
 Gingered Carrots

Rosewater Rice Pudding

8 **Cream Of Cauliflower Soup**

BBQ Pulled Pork Sandwich W/ Sweet Potato Fries
 Cornish Hen
 Flounder With Shrimp Sauce
 Mushroom Fricassee With Cheese Bread

Rice Pilaf
 Shoepeg Corn Casserole
 Tomato Provencal

Pumpkin Mousse Bars

9 **Chili Soup**

Chef Special
 Baked Whitefish Dijonnaise
 Open Faced Roast Beef
 Veggie Wrap

Whipped Garlic Red Potatoes
 Fresh Asparagus
 Season Wax Beans

Apple Custard Pie

10 **Asian Mushroom Soup**

Beef Stew With Biscuit
 Baked Fish Florentine
 Chicken Teriyaki
 Tofu Vegetable Stir Fry

Vegetable Fried Rice
 Maple Miso Roasted Carrots
 Green Beans With Red Peppers

Cookies And Ice Cream

11 **Baked Potato Cheese Soup**

Beef Tri Tip
 Crab Salad Croissant
 Spinach Cheese Strada
 Herb Roasted Pork

Baked Potato
 Winter Blend
 Green Bean

Pear Crumb Pie

12 **French Onion Soup**

Beef Stroganoff Over Noodles
 Roasted Lemon Chicken
 Chef's Special
 Veggie Grinder / Sweet Potato Fries

Wild Rice & Bacon Pilaf
 Steamed Broccoli
 Sauteed Hominy

Assorted Dessert

13 **Beef Pozole Soup**

Shredded Red Chili Beef Burrito
 Avocado Egg Salad Sandwich
 Baked Fish & Fresh Pico
 Veggie Fajitas

Rice Con Queso
 Street Corn Elote
 Green Beans & Bacon

Mandarin Orange Cake

14 **Minestrone, White Bean & Italian Sausage**

Pork Chop Milanese
 Fried Chicken
 Fish Of The Day
 Risotto Ala Milanese (Risotto With Saffron)

Potatoes Au Gratin
 Steamed Broccoli
 Cream Corn

Fruit Crisp

15 **Chicken With Wild Rice Soup**

Red Onion Salmon
 Pan Seared Chicken Breast
 Grilled Ham Steak With Pineapple
 Spinach Quiche With Fruit Garnish

Roasted Sweet Potato Wedges
 Broccoli With Cheese Sauce
 Glazed Carrots

Tapioca Pudding

16 **Roasted Corn Soup**

Chef Special
 Herb Baked Whitefish
 Chicken Fried Steak
 Vegetarian Bratwurst With Sauerkraut

Cheddar Mashed Potatoes
 Creamed Spinach
 Roasted Yellow Squash

Chocolate Mocha Cake

17 **Beef Noodle Soup**

Shrimp Pasta With Basil Salsa
 Swiss Steak
 Sweet N Sour Chicken Over Rice
 Italian Grilled Cheese Sandwich

Quartered Potatoes
 Mixed Vegetables
 Roasted Root Vegetables

Apricot Cheese Delight

18 **Chicken Noodle Soup**

Italian Sausage With Peppers & Onions
 Pesto Chicken
 Salisbury Steak
 Veggie Stacker

Roasted Herb Encrusted Potatoes
 Oven Roasted Beets With Feta
 Cauliflower Mash

Mixed Berry Pie

19 **Roasted Corn Soup**

Chef Special
 Sloppy Joe
 Chicken Marsala
 Herb Crusted Whitefish

Baked Sweet Potato
 Italian Blend
 Parmesan Tomato

Assorted Dessert

20 **Navy Bean Soup**

White Fish Supreme
 Beef Brisket
 Avocado Cheddar Melt
 BBQ Chicken

Baked Beans
 Sweet Corn
 Broccoli With Butter

Buttermilk Lemon Cake

21 **Italian Wedding Soup**

Osso Buco With Citrus Gremolata
 Baked Fish Of The Day With Sicilian Relish
 Cinnamon Chicken
 Grilled Zucchini, Hummus Wrap

Roasted Pepper & Feta Cheese
 Sauteed Yellow Squash
 Sauteed String Bean & Onions

Sweet Potato Pound Cake

22 **Southwestern Tomato And Chicken Soup**

Marinated Beef Tri-Tips
 Stuffed Chicken Breast Florentine
 Catfish St. James With Hush Puppies
 Grilled Veggie Sandwich

Dirty Rice
 Harvard Beets
 Green Beans Amandine

Banana Split Cake

23 **Cream Of Mushroom**

Chef Special
 Tuna Melt
 Smothered Pork Chop
 Tomato Cheese Quiche

Roasted Herb Potato
 Mixed Vegetables
 Broccoli With Cheese

Blueberry Buckle

24 **Cream Of Broccoli Soup**

Rosemary Roasted Chicken
 Catch Of The Day
 Mediterranean Wrap
 Eggplant Parmesan

Fettuccine Alfredo
 Peas And Carrots
 Baked Winter Squash

Ice Cream Sunday Bar

25 **Cream Of Carrot Soup**

Cod With Hollandaise Sauce
 Fried Chicken
 Liver & Onions
 Veggie Stacker

Mashed Potatoes
 Peas & Mushrooms
 Creamed Corn

Lemon Custard Pie

26 **Manhattan Clam Chowder Soup**

Chicken Fricassee
 Catch Of The Day
 Stuffed Peppers
 Three Cheese Quiche With Fruit Garnish

Lyonnais Potatoes
 Sauteed Spinach & Onions
 Roasted Cauliflower

Assorted Dessert

27 **Gazpacho Soup**

Fish Taco
 Beef Tostadas
 Red Chili Chicken Strada
 Green Chili Quesadilla

Whipped Sweet Potato With Maple
 Roasted Zucchini With Queso Fresco
 Ranch Corn

Cherry Blueberry Cheese Delight

28 **Pasta Fazool Soup With Beans**

Chicken Piccata
 Greek Lasagna With Beef & Eggplant
 Fish Of The Day
 Italian Veggie Stacker

Lemon Potatoes With Oregano
 Cauliflower With Butter & Dill
 Swiss Vegetable Medley

Strawberry Fluff

29 **Loaded Potato Soup**

Homestyle Meat Loaf
 Crispy Sour Cream Chicken
 Cod Fillet Italiano
 Quinoa Loaf

Mashed Potatoes
 Baby Whole Carrots
 Italian Stewed Tomatoes

Pudding Cake

30 **Italian Potato & Pea Soup**

Chef Special
 Beef Stroganoff
 Crab Cakes
 Egg Salad Sandwich

Potato Pancake
 Swiss Vegetable Mix
 Steamed Broccoli With Butter & Dill

Coconut Cake

31 **Seafood Gumbo**

Potato Crusted Pollock
 Chicken Carbonara W Bow Tie Noodles
 Patty Melt
 Veggie Sub Sandwich

Mushroom Rice Pilaf
 Sugar Snap Peas
 Sauteed Red Cabbage Medley

Chocolate Éclair Dessert