

SEPTEMBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>3:00pm Worship Hour- Guest 1 Speaker: Pastor Gus Vogelsang -Mini Concert with Chaplain Tom Haney (AR)</p>	<p>9:00am Shopping: Fry's 2 9:00am Senior Fit Class (Core Builders) (AR) 9:30am Balance and Stretch (AR) 10:00am Activity Chat with Faith! (AR) 11:30am Chair Yoga with Kelley (AR) 1:00pm Farkle! (CL) 1:30pm Shopping: Fry's 2:00pm Catholic Communion Service (AR) 2:00pm Catholic Mass (AR) 2:30pm Rosary (AR) 6:00pm Bingo (AR)</p>	<p>9:00am Water Fitness (P) 3 9:30am Lap Quilts (AR) 10:00am Coffee & Crosswords (GC) 12:15pm Wii Bowling (AR) 2:00pm GriefShare (PDR) 6:00pm Hand & Foot (AR)</p>	<p>9:00am Senior Fit Class (Balance Fitness) (AR) 4 10:00am Bible Study (AR) 11:00am Breaking Bread (AR) 11:30am Shopping: Fry's 10% Off 1:30pm Bank Run 1:30pm Shopping: Fry's 10% Off 2:00pm Movie Matinee: Gone With The Wind (Pt. 1) (AR) 6:00pm Bunco (AR)</p>	<p>8:00am Cornhole (AR) 5 9:00am Water Fitness (P) 10:30am Price is Right (AR) 11:00am Working Hands (C3FL) 11:30am "Move to the Beat" Chair Exercise with Kelley (AR) 2:00pm Horse Races!</p>	<p>9:00am Flu Shot Clinic (L) 6 9:00am Senior Fit Class (Stretch 2 Relax) (AR) 9:00am Post Office 9:30am Balance and Stretch (AR) 10:00am Shopping: Safeway, Walgreens or CVS 10:30am Wheel of Fortune (AR) 12:30pm LCR (AR) 1:30pm Shopping: Dollar Tree 2:00pm Dancing Divas & Dudes (AR) 6:00pm Bridge (AR)</p>	<p>9:00am Axe Throwing (AR) 7 10:30am Bingo (AR) 12:00pm Rummikub (AR) 2:00pm Peaceful Patterns with Katy (New!) (L) 3:00pm Cornhole (FC) 6:00pm Game Night (GC)</p>
<p>3:00pm Worship Hour- Guest 8 Speaker: Pastor Len Fleming (AR)</p>	<p>Spirit Week - Wild 9 Mane Monday! 9:00am Shopping: Fry's 9:00am Senior Fit Class (Core Builders) (AR) 9:30am Balance and Stretch (AR) 10:00am Blood Pressure Clinic (CL) 11:30am You have a 'Pizza' our Hearts!* (AR) 1:00pm Farkle! (CL) 1:30pm Shopping: Fry's 2:00pm Catholic Communion Service (AR) 2:30pm Rosary (AR) 6:00pm Bingo (AR)</p>	<p>Spirit Week - Tie 10 Dye Tuesday! 9:00am Water Fitness (P) 9:30am Lap Quilts (AR) 10:00am Mary K Cosmetics (GC) 12:15pm Wii Bowling (AR) 1:30pm Extreme Bingo! (AR) 2:00pm GriefShare (PDR) 6:00pm Hand & Foot (AR)</p>	<p>Spirit Week - Proud To Be An American 11 7:30am Men's Breakfast (DR) 9:00am Senior Fit Class (Balance Fitness) (AR) 10:00am 9/11 Remembrance Service (AR) 1:30pm Bank Run 1:30pm Shopping: Super Walmart (19th Ave & Bell) (Limit 14) 6:00pm Bunco (AR) 11:30pm Patriotic Picnic with Cimarron Road (DR)</p>	<p>Spirit Week - Twin Thursday 12 8:00am Cornhole (AR) 9:00am We DONUT Know What We'd Do Without You! (GC) 9:00am Water Fitness (P) 10:30am Concentration (AR) 11:00am Working Hands (C3FL) 12:30pm DualPath Informational Meeting (AR) 2:00pm Desert Swirl's Ice Cream Sundae Bar! (GC) 6:00pm Evening Entertainment: Hooters Blues (AR)</p>	<p>Spirit Week - Sports Fan Friday! 13 9:00am Senior Fit Class (Stretch 2 Relax) (AR) 9:30am Balance and Stretch (AR) 10:00am Shopping: Safeway, Walgreens or CVS 12:30pm LCR (AR) 1:30pm Concession Stand! (GC) 2:00pm Resident and Staff Baseball Game! (AR) 6:00pm Bridge (AR)</p>	<p>Spirit Week - Silly 14 Socks & Tacky Ties Ladder Ball & Horse Shoes! (AR) 9:00am Ladder Ball & Horse Shoes! (AR) 10:30am Bingo (AR) 12:00pm Rummikub (AR) 2:00pm Peaceful Patterns with Katy (New!) (L) 2:30pm Ice Cream Sandwich Social* (AR) 3:00pm Cornhole (FC) 6:00pm Game Night (GC)</p>
<p>3:00pm Worship Hour- Guest 15 Speaker: Chaplain Lee Spivey (AR)</p>	<p>9:00am Shopping: Fry's 16 9:00am Senior Fit Class (Core Builders) (AR) 9:30am Balance and Stretch (AR) 1:00pm Farkle! (CL) 1:30pm Shopping: Kohls 1:30pm Shopping: Fry's 2:00pm Catholic Communion Service (AR) 2:30pm Rosary (AR) 3:00pm Book Club Meeting (L) 6:00pm Bingo (AR)</p>	<p>9:00am Water Fitness (P) 17 9:30am Lap Quilts (AR) 10:00am Coffee & Crosswords (GC) 11:30am Avon (GC) 12:15pm Wii Bowling (AR) 1:30pm Pick A Prize Bingo (AR) 2:00pm GriefShare (PDR) 3:00pm September Craft* (AR) 6:00pm Hand & Foot (AR)</p>	<p>9:00am Senior Fit Class (Balance Fitness) (AR) 18 10:00am Bible Study (AR) 11:00am Breaking Bread (AR) 11:00am Cholla Library (Metrocenter) 1:00pm Mending and Sewing Repair Pick-Up (AR) 1:30pm Bank Run 2:00pm Movie Matinee: Gone With The Wind (Pt. 2) (AR) 2:30pm Low Vision Support Group (N2FL) 6:00pm Bunco (AR)</p>	<p>8:00am Cornhole (AR) 19 9:00am Water Fitness (P) 10:00am Vet to Vet (AR) 11:00am Working Hands (C3FL) 2:00pm Life Coach Presentation with Dr. Phoenix (AR) 3:30pm Dinner Out: Red Robin</p>	<p>9:00am Flu Shot Clinic (L) 20 9:00am Senior Fit Class (Stretch 2 Relax) (AR) 9:00am Post Office 9:00am Shopping: Trader Joes 9:30am Balance and Stretch (AR) 10:00am Shopping: Safeway, Walgreens or CVS 11:00am Birthday Luncheon (invite Only) (AR) 12:30pm LCR (AR) 2:00pm Dancing Divas & Dudes (AR) 3:00pm Caregiver Support Group (L) 6:00pm Bridge (AR)</p>	<p>9:00am Axe Throwing (AR) 21 10:30am Bingo (AR) 12:00pm Rummikub (AR) 2:00pm Movie Matinee: The Bucket List (AR) 2:00pm Peaceful Patterns with Katy (New!) (L) 3:00pm Cornhole (FC) 6:00pm Game Night (GC)</p>

SEPTEMBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>3:00pm Worship Hour- 22 Guest Speaker: Pastor Bud Downs (AR)</p>	<p>9:00am Shopping: Fry's 23 9:00am Senior Fit Class (Core Builders) (AR) 9:30am Balance and Stretch (AR) 11:00am Lunch Out: Chick- Fil-A 11:30am Chair Yoga with Kelley (AR) 1:00pm Farkle! (CL) 1:30pm Shopping: Fry's 2:00pm + Catholic Communion Service (AR) 2:30pm Rosary (AR) 6:00pm Bingo (AR)</p>	<p>9:00am Water Fitness 24 (P) 9:30am Lap Quilts (AR) 9:30am Paparazzi Jewelry Everything \$5 (GC) 12:15pm Wii Bowling (AR) 1:30pm Pick A Prize Bingo (AR) 2:00pm + GriefShare (PDR) 3:00pm + Hope Looks Up Bible Study (AR) 6:00pm Hand & Foot (AR)</p>	<p>9:00am Senior Fit Class 25 (Balance Fitness) (AR) 10:00am + Bible Study (AR) 11:00am Breaking Bread (AR) 12:30pm Rendever Experience - West Point Band (Must Sign Up) (AR) 1:30pm Bank Run 1:30pm Shopping: Super Walmart (19th Ave & Bell) (Limit 14) 2:00pm Consumer Scam Presentation (AR) 3:30pm Wine Down Wednesday* (AR) 6:00pm Bunco (AR)</p>	<p>8:30am Staff Meeting 26 (AR) 9:00am Water Fitness (P) 11:00am + Working Hands (C3FL) 11:30am New Resident's Luncheon with Chaplain Tom Haney 11:30am "Move to the Beat" Chair Exercise with Kelley (AR) 2:30pm Staff Meeting (AR)</p>	<p>9:00am Senior Fit Class 27 (Stretch 2 Relax) (AR) 9:30am Balance and Stretch (AR) 10:00am Shopping: Safeway, Walgreens or CVS 12:30pm LCR (AR) 2:00pm Dancing Divas & Dudes (AR) 3:00pm Happy Hour: Fall Sangria (L) 6:00pm Bridge (AR)</p>	<p>9:00am Ladder Ball & 28 Horse Shoes! (AR) 10:30am Bingo (AR) 12:00pm Rummikub (AR) 2:00pm Peaceful Patterns with Katy (New!) (L) 2:30pm Saturday Social* (GC) 3:00pm Cornhole (FC) 6:00pm Game Night (GC)</p>
<p>3:00pm Worship Hour- 29 Guest Speaker: Chaplain Tom Haney (AR)</p>	<p>9:00am Shopping: Fry's 30 9:00am Senior Fit Class (Core Builders) (AR) 9:30am Balance and Stretch (AR) 10:00am Brunch Out: Mimi's Bistro & Bakery 11:30am Chair Yoga with Kelley (AR) 1:00pm Farkle! (CL) 1:30pm Shopping: Fry's 2:00pm + Catholic Communion Service (AR) 2:30pm Rosary (AR) 6:00pm Bingo (AR)</p>	<p>LOCATION Activity Room (AR) Centerview 3rd Floor Lounge (C3FL) Centerview Lounge (CL) Dining Room (DR) Fitness Center (FC) Garden Cafe (GC) Library (L) Northridge 2nd FL lounge (N2FL) Pool (P) Private Dining Room (PDR)</p>	<p>ACTIVITY LEGEND ♥ Heart 🏔 Body 🧠 Mind + Spirit</p>	<p>* For Any activity followed by an asterisk(*), please sign up at the concierge desk!</p>		