

# Grand Grab and Go Menu

Monday November 4<sup>th</sup> – Sunday November 10<sup>th</sup>

## Salads & Sandwiches

**Smoked Turkey Wrap** – Smoked turkey, pepper jack, lettuce, tomato, cucumber, red onion, and sriracha mayo

**Croissant Club Sandwich** – Lettuce, tomato, ham, turkey, bacon, Swiss and mayo

**Yankee Beef Sandwich** – Italian steak roll, roast beef, Swiss cheese, mayo, and mustard

**Italian Grinder Sandwich** – Italian roll topped with ham, salami, pickle, lettuce, tomato, onions, pepperoncini, and provolone

**Chopped Salad** – Mixed green topped with tomatoes, cucumber, bacon, diced chicken, bleu cheese

## Heat & Serve Entrees

**Beef Stroganoff** – Served on a bed of egg noodles and vegetable

**Chicken & Lemon Pesto Gnocchi** – Gnocchi, tomato, spinach in a light parmesan sauce

## Tuesday Special

### Baked Potato Bar

Your choice of Baked Potato or Baked Yam

Your choice of toppings

Broccoli, Bacon, Italian Sausage, Tomatoes, Green Onions, Salsa, Chili, Bell Peppers,

Sour Cream, Butter, Cheddar Cheese, Mushrooms, Queso Fresco, Avocado

## **Monday November 11<sup>th</sup> thru Sunday November 17<sup>th</sup>**

### **Salads & Sandwiches**

**Pastrami & Swiss Sandwich** – Marble rye topped with lettuce, tomato, Swiss cheese and pastrami beef

**Provolone Ham Sandwich** – Whole wheat, ham, provolone, peppadew pepper mayo

**Capital Beef** – Flank steak, pickled red onions, blue cheese mayo, lettuce, tomato, marble rye

**Cali Turkey Sandwich** – Flaky croissant, bacon, lettuce, tomato, avocado spread, turkey

**Cobb Salad** – A bed of lettuce topped with bacon, bleu cheese, chicken, tomato, and Swiss

### **Heat & Serve Entrees**

**Cheese Manicotti** – Topped with red sauce and served with vegetables

**Chicken Kiev** – Breaded chicken breast stuffed with herb butter and served with rice pilaf and vegetables

### **Tuesday Special**

#### **Build Your Own Salad Bowl**

#### **Salads & Toppings**

Bibb Lettuce · Field Organic Greens · Romaine Hearts

Roasted Beets · Radish · Cucumber · Tomato · Olives · Avocado · Red Onion · Carrots

Bacon · Egg · Pistachios · Pepitas · Cranberries

Blue Cheese · Goat Cheese · Feta

Raspberry Vinaigrette · Buttermilk Dressing · Herb Vinaigrette

#### **Proteins**

Grilled Herb and Garlic Shrimp

Citrus Grilled Chicken Breast

Churrasco Flank Steak

## **Monday November 18<sup>th</sup> thru November 24<sup>th</sup>**

### **Salads & Sandwiches**

**Chicken Sandwich** – Croissant topped with chicken salad, lettuce, and tomatoes

**Turkey Bistro Sandwich** – French roll topped with turkey, bacon, provolone, and sun-dried tomato mayo

**Sicilian Sandwich** – Italian roll topped with salami, capicola, prosciutto, and roasted peppers

**Smoked Brisket Sandwich** – Steak roll topped with Red Butte cheddar and roasted garlic mayo

**Chef Salad** – A bed of lettuce topped with ham, turkey, cheddar, Swiss, hard-boiled egg and tomato

### **Heat & Serve Entrees**

**Rosemary Chicken** – Grilled Chicken topped with sun-dried tomato rosemary cream sauce and served with rice pilaf and vegetables

**Grilled Chicken & Broccoli Alfredo** – Pasta tossed with Alfredo sauce and topped with grilled chicken and broccoli

### **Tuesday Special**

#### **TOSCANA**

Classic Caesar Salad with Romano Cheese and Garlic Croutons

Bowtie Pasta Salad

Fettuccini Alfredo

Florentine Grilled Steak with Tomatoes and Olive Oil

Grilled Sage Rubbed Chicken with Pecorino Cream

Oregano and Rosemary Baby Potatoes with Olive Oil

Ratatouille with Italian Parsley

## **Monday November 25<sup>th</sup> thru December 1<sup>st</sup>**

### **Salads & Sandwiches**

**The Big Beef Sandwich** – Roast beef with cheddar, caramelized onions, roasted peppers, & sriracha mayo on a ciabatta bun

**Italian Turkey Wrap** – Roasted garlic mayo, turkey, lettuce, tomato, onions, banana peppers, provolone cheese in a tortilla wrap

**Black Forest Ham Sandwich** – Monterey Jack, Dill Pickle, lettuce, grilled onion, French roll

**Grilled Chicken Sandwich**, roasted red peppers, marinated mushrooms, feta, pesto, Ciabatta

**Mandarin Salad** – Shrimp, carrots, bell peppers, mandarin oranges, sesame chicken

### **Heat & Serve Entrees**

**Chicken Katsu** – Served with katsu sauce (Japanese BBQ Sauce) Rice and vegetables

**Pesto Chicken Pasta** – Penne, chicken, red & green peppers tossed with pesto cream sauce

### **Tuesday Special**

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### **Taco Tuesday Buffet**

Chicken or Ground Beef Tacos

Charro Beans, Spanish Rice

Red Salsa, Green Salsa, Sour Cream, Guacamole, Cheese, Lettuce, Diced Tomatoes

