

Staff Directory

Concierge	Building A	623-300-9400
Vice President of Operations	Rhonda Thiel	623-300-9401
Director of Resident Experience	Carrie Brindley	623-300-9450
Director of Operations	Keri McCormick	623-300-9420
Chaplain	Dan Brookey	623-300-9451
Activities Director	Barb Rebmann	623-300-9455
Director of Sales	Sherri Martin	623-300-9500
Business Office Manager	Leanne Augusto	623-300-9408
Executive Chef	John Halepis	623-300-9440
Dining Room Manager	Jessica Newsome	623-300-9443
To-Go Dining Meals		623-300-9441
Social Services Coordinator	Sandra Smith	623-300-9456
Assisted Living Director	Donna Zawodniak	623-300-9406
Housekeeping	Terri Sena	623-300-9426
Fitness Center	Edith Resendiz	623-300-9498
Maintenance Requests	Concierge	623-300-9400
Transportation Requests	Concierge	623-300-9400
Oasis—Building B	Concierge	623-300-9460
Gift Shop	Carrie Brindley	623-300-9450
Beauty Shop	Stargazers Salon	623-300-9458

Our Mission

Through Christian love and excellence we are dedicated to providing a fulfilling lifestyle and promoting independence to those we serve.

Our Vision

A world where all people thrive and live with purpose.

Our Values

We believe in the immeasurable value of every person. Empowered by Christ's love, we joyfully serve with humility, integrity, compassion, and respect.



**FELLOWSHIP SQUARE
SURPRISE**

16477 W. Bell Road, Surprise, AZ 85374
623.300.9400

November 2024



Note From Carrie

Director of Resident Experience, Carrie Brindley

Welcome to November! Soon, the days will shorten, the leaves will change, and autumn themed activities will flavor our daily lives. It is the time of the year when the air gets crisper and we all look forward to spending more time with our friends and families. I love this time of the year and I continuously remind myself that the consistency of the earth's seasons is a reflection of its Maker and the steadiness of His character. James 1:17 tells us, "Every good gift and perfect gift is from above, and comes down from the Father of lights, with whom there is no variation or shadow of turning. He is the bountiful giver of all good things and sheds on us the light of his love and purity."

In November we celebrate National Gratitude Month which encourages us to embrace the power of gratitude. Gratitude is more than simply saying "thank you." Gratitude has the ability to shift us from focusing on the negative to appreciating what is positive in our lives. Practicing daily gratitude gives us a deeper connection to ourselves, the world around us, and our Creator. Everything in our lives has the ability to improve when we are grateful. Research has shown that gratitude can enhance our moods, decrease stress, and drastically improve our overall health and well-being. On average, grateful people tend to have fewer stress-related illnesses and experience less depression and lowered blood pressure, they are more physically fit and they are happier! I am grateful to each and every one of you for being part of the Fellowship Square family! I hope you have a very blessed holiday with those you cherish most. Happy Thanksgiving to you and yours,
~ Carrie

*You Make a
Difference*

*"As Thanksgiving
Day approaches,
Our blessings
we recall;
The things we
are most thankful
for, we recollect
them all.*

*You are really
special in all you
say and do. You
make a difference
in others' lives;
We're thankful
now for you."*

New Residents
Welcome Home ~ We're So Glad You're Here!

James & Beverly Lawson
Phil & Kathy Keimach
Robert & Yvonne Helstrom



Special Events in November

- 11/1 ~ Activity Chat with Barb
- 11/1 ~ Entertainment Hour with Tim Hern
- 11/4 ~ Coffee with Curana
- 11/4 ~ Luxe Apothicaire Lotion Bars & Lip Balms with Jennifer
- 11/5 ~ Seasonal Florals with Kathryn
- 11/5, 11/12, 11/19 ~ Great Courses: Metropolitan Museum of Art
- 11/5 ~ Voter Transportation
- 11/6 ~ Flannel and Friends Happy Hour
- 11/6 ~ Entertainment Hour with Pianist, Nicole Pesce
- 11/7, 11/14, 11/21 ~ Tai Chi with Jack
- 11/7 ~ Southwest Mobility Walker/Wheelchair Service
- 11/7 ~ 1st Floor Block Party
- 11/8 ~ Boutique Extravaganza
- 11/9 ~ Resident Artisan Craft Sale
- 11/11 ~ Avon with Michelle
- 11/11 ~ Salute to Veterans with Floyd
- 11/12 ~ Earrings for You
- 11/13 ~ Turkey Gobblers Treat Class
- 11/13 ~ Mary Kay Cosmetics
- 11/13, 11/19 ~ Surviving the Holidays
- 11/13 ~ Entertainment Hour with Banjoist, Ellen Davis
- 11/14, 11/21 ~ Art in Action with Liz Bercovich
- 11/14 ~ 2nd Floor Block Party
- 11/14 ~ New Resident Mixer & Orientation
- 11/15 ~ Turkey Toss
- 11/18 ~ Digital Sound Solutions: Hearing Aide Cleaning
- 11/18 ~ Neighborhood Navigators Meeting
- 11/18 ~ Snap Jewelry with Ilene
- 11/20 ~ November Birthday Celebration
- 11/20 ~ Entertainment Hour with T.A. Burrows
- 11/21 ~ Paparazzi Jewelry
- 11/21 ~ 3rd Floor Block Party
- 11/21 ~ Resident Meeting with Carrie
- 11/22 ~ Outing—Lake Pleasant Narration Cruise
- 11/22 ~ Entertainment Hour with Sonoran Sounds
- 11/25 ~ Handmade Items with Karen
- 11/25 ~ Turkey Trot Races
- 11/25 ~ Self Care Presentation with Curana Health
- 11/26 ~ Thanksgiving Service with Chaplain Dan
- 11/26 ~ Brain Health & Cognition with Edith from Functional Pathways
- 11/27 ~ Autumn Harvest Tea
- 11/27 ~ Entertainment Hour with Trumpeter, Dan Reed an Pianist, Jim Whitaker
- 11/29 ~ Lunch Bunch Outing—Bonfire Craft Kitchen

Chaplain Chats ~ Campus Chaplain, Dan Brookey

Crunch, Crunch, Crunch... the sound of leaves, the smell of crisp air. Wait, what? We are just coming out of 100-degree weather. How can we say it's fall? Well, I suppose the calendar tells us it is fall, even though our weather doesn't. Fall is a feeling too. I think about the upcoming holidays of Thanksgiving, Christmas, and yes New Years. On Thanksgiving, our family will more than likely be playing croque and enjoying the outdoors in short sleeve attire, while a lot of the nation will be wearing winter clothes. As I am writing this article, the temperature outside is 73 degrees. Now the radio announcers are saying we "lost" fall and went from Summer to Winter. In life we don't skip seasons. But what I do, and know many of you do as well, is to speak about the various seasons of life we have been through. We reminisce about the things of the past, both positive and negative. God tells us through the Prophet Isaiah to **"Forget the former things; do not dwell on the past. See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the wilderness and streams in the wasteland."** 43:18-19. This doesn't mean we should totally forget our past, but we shouldn't dwell in it. We have a future and are entering a new season. We must not miss out on today or what God has in store for us in the next season of life by staying in the past. Seasons produce a time to pause but also a time for renewal. God created the seasons, in part, for renewal. The seasons of our lives can give us purpose. Solomon had a very honest approach regarding the seasons of life. Solomons comments regarding these seasons, and yes, sometime the futility thereof, are for a purpose. In Ecclesiastes 3:1 Solomon says, **"There is a time for everything, and a season for every activity under the sun."** As you continue in the path of life God has presented to you let Him renew your spirit. Ephesians 4:22-24 says, **"You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness."** Bask in the presence of God while flourishing in your season of life. May I leave you with a prayer of promise that I saw from Marissa Zimmet online. Lord, You make beautiful things out of dust. After every winter, there comes a spring, dwelling with new life and new fruit, just as you promised. Help me to remember, when I am going through a season of shedding old skin, that, with You, I shall be renewed. Amen.
~Chaplain Dan

Look Who's Having a Birthday!



Diane Smith	11/1
John Roberts	11/1
J.T. White	11/3
Lucy Iaccino	11/3
Cherie Toon	11/5
Carolyn Hamblen	11/5
Sharon Gadless	11/6
Gil Jensen	11/6
Jean Taylor	11/7
Mike Lobb	11/8
Joan Farrell	11/11
Bob Bainbridge	11/12
Sue Vincent	11/12
Ida Camiolo	11/13
Eileen Barnhart	11/17
Phyllis Sullivan	11/17
Just Wold	11/17
Karen Aiken	11/21
Jacklyn Gladstone	11/23
Tony Kaczmarczyk	11/24
James Lawson	11/24
Curtis Henrickson	11/24
Nancy Jungemann	11/27

Life Around Our House



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