

October 2024 **TOUCHDOWNS & TAILGATES**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 A 9:30 Walking Group A 10:00 Pretty Nails A 1:30 Play Cards! Uno / Crazy 8's A 2:30 Happy Hour w Small Bites Mocktails & Cocktails A 3:00 Great Performances	2 A 10:00 Anything Goes Warm Up A 10:30 SENIOR FIT A 1:30 Velvet Art A 2:00 Voter Registration D 3:00 Bible Study & Hymns Chaplain Haney & Marilyn	3 A 9:30 GENTLE STRETCH A 10:00 Craft & Sip with Leslie A 1:30 Pokeno A 2:30 Make a Healthy Snack A 3:00 Name That Tune	4 A 10:00 Football Toss Warm Up A 10:30 SENIOR FIT A 11:00 Flyover Fall Colors A 2:30 Play Cards! UNO/ Crazy 8s A 4:00 November Calendar Planning Committee	5 A 10:00 CHAPLAIN CHAT A 10:30 Refreshments A 1:00 CRAZY 8'S A 2:30 Active Games A 3:30 SEQUENCE
6 A 9:00 YOGA A 1:00 UNO A 2:30 SEQUENCE-DICE A 3:30 HANG MAN	7 A 10:00 Anything Goes Warm Up A 10:30 SENIOR FIT A 1:30 BINGO 2:30 ARM CHAIR TRAVEL Lambeau Field & Mozzarella Sticks A 3:15 Google Me This	8 A 9:30 Walking Group A 10:30 Craft & Sip with Cory A 1:30 Play Cards Crazy 8's A 2:30 Make Chocolate Covered Strawberries	9 O 9:00 WALMART TRIP A 10:30 SENIOR FIT A 1:30 Books & Puzzles D 2:30 Refreshments Social D 3:00 Bible Study & Hymns Chaplain Haney & Marilyn	10 A 9:30 CORE EXERCISE A 10:00 POKENO A 1:00 Music Therapy with Emily 2:30 Make a Mocktail 3:00 Play Cards Crazy 8's	11 A 10:00 Football Toss Warm Up A 10:30 SENIOR FIT A 2:00 Play Cards A 2:30 Make a Mocktail A 3:00 Green Thumb Gardeners	12 A 10:00 CHAPLAIN CHAT A 10:30 Refreshments A 1:00 THE BOX A 2:30 Active Games A 3:30 SEQUENCE
13 A 9:00 CORE EXERCISE A 1:00 GARBAGE CARDS A 2:30 SPICEY FARKLE A 3:30 TEXT TWIST	14 A 9:00 No Host Card Games A 10:30 SENIOR FIT A 1:30 BINGO 2:30 ARM CHAIR TRAVEL Vince Lombardi & Burger Sliders A 3:15 Google Me This	15 A 9:30 Walking Group A 10:00 Play Cards Uno! A 1:30 Pretty Nails D 2:30 Root Beer Float Social	16 O 9:00 DOLLAR TREE A 10:30 SENIOR FIT A 1:30 Velvet Art A 2:30 Refreshments Social D 3:00 Bible Study & Hymns Chaplain Haney & Marilyn	17 A 9:30 ZUMBA A 10:00 Craft & Sip with Leslie A 11:00 Outdoor Tailgate Party A 2:30 Pokeno A 3:30 Touchdowns & Tailgates Word Scramble	18 A 10:00 Football Toss Warm Up A 10:30 SENIOR FIT A 1:30 BINGO A 2:30 Happy Hour w/ Small Bites Mocktails & Cocktails A 3:00 Great Performances	19 A 10:00 CHAPLAIN CHAT A 10:30 Refreshments A 1:00 CRAZY 8'S A 2:30 Active Game A 3:30 SEQUENCE
20 A 9:00 GENTLE STRETCH A 1:00 THE BOX A 2:30 BIG PIG-DICE A 3:30 TEXT TWIST	21 A 10:00 Anything Goes Warm Up A 10:30 SENIOR FIT A 1:30 BINGO 2:30 ARM CHAIR TRAVEL Cowboys Cheerleaders & Chili A 3:15 Google Me This	22 A 9:30 Walking Group A 10:30 Play Cards Crazy 8's D 1:30 Decorating Party D 2:00 BIRTHDAY PARTY with Entertainment D 2:30 Celebrate with Cupcakes!	23 O 10:00 Anzios Restaurant Outing A 10:30 SENIOR FIT A 1:30 Books & Puzzles D 2:30 Refreshments Social D 3:00 Bible Study & Hymns Chaplain Haney & Marilyn	24 A 9:30 CHAIR YOGA A 10:00 Cards, Books or Puzzles A 1:30 Pokeno A 2:30 Name That Tune A 3:30 Documentary The Everly Brothers	25 A 10:00 Football Toss Warm Up A 10:30 SENIOR FIT A 2:00 Play Cards UNO A 2:30 Make a Mocktail A 3:00 Green Thumb Gardeners	26 A 10:00 CHAPLAIN CHAT A 10:30 Refreshments A 1:00 GARBAGE CARDS A 2:30 Active Games A 3:30 SEQUENCE
27 A 9:00 YOGA A 1:00 TEXT TWIST A 2:30 SEQUENCE-DICE A 3:30 HANG MAN	28 A 10:00 Anything Goes Warm Up A 10:30 SENIOR FIT A 1:30 BINGO A 2:30 ARM CHAIR TRAVEL Arizona Cardinals & Hot Dogs A 3:115 Google Me This	29 A 9:30 Walking Group A 10:30 Pretty Nails A 1:30 Play Cards! Uno / Crazy 8's A 2:30 Cheese & Crackers A 3:00 Name That Tune 1950's	30 A 10:00 Anything Goes Warm Up A 10:30 SENIOR FIT A 1:30 Velvet Art D 2:30 Refreshments Social D 3:00 Bible Study & Hymns Chaplain Haney & Marilyn	31 A 9:30 GENTLE STRETCH A 10:00 Craft & Sip with Leslie D 1:30 Decorate for Halloween Party D 2:00 Halloween Party		