

# Grand Grab and Go Menu

Monday January 6<sup>th</sup> – Sunday January 12<sup>th</sup>

## Salads & Sandwiches

**Turkey Wrap** – Tortilla filled with lettuce, tomato, turkey, and mayo

**Croissant Club Sandwich** – Lettuce, tomato, ham, turkey, bacon, Swiss and mayo

**Spicy Italian Sandwich** – Italian steak roll, capicola, pepperoni, sopressata, Provolone, roasted garlic mayo

**Egg Salad Sandwich** – Homemade egg salad on whole wheat bread with lettuce and tomato

**Chicken Apple Salad** – Mixed green topped with Fuji apples, tomatoes, and chicken

## Heat & Serve Entrees

**Stuffed Cabbage** – Served with mashed potatoes and vegetables

**Chicken & Broccoli Alfredo** – Pasta tossed with chicken and broccoli in a parmesan sauce

## Tuesday Special

### Farm House Buffet

Mixed greens with tomatoes, cucumbers, shaved carrots and croutons with choice of dressings

### Fruit platter

With cantaloupe, honeydew, pineapple and seasonal berries

Homemade Meatloaf with honey -ketchup glaze

Grilled Chicken with mustard cream sauce and chives

Roasted garlic mashed potato

Roasted vegetable medley

# Monday January 13<sup>th</sup> thru Sunday January 19<sup>th</sup>

## Salads & Sandwiches

**Corned Beef & Swiss Sandwich** – Marble rye topped with lettuce, tomato, Swiss cheese and corned beef

**Provolone Ham Sandwich** – Whole wheat, ham, provolone, peppadew pepper mayo

**Cashew Chicken Wrap** – Cashews, chicken salad, lettuce, tomato, in a tortilla wrap

**Turkey BLT Sandwich** – Flaky croissant, bacon, lettuce and tomato

**Cobb Salad** – A bed of lettuce topped with bacon, bleu cheese, chicken, tomato, and Swiss

## Heat & Serve Entrees

**Macaroni & Cheese** – Served with vegetables

**Salisbury Steak** – Served with mashed potatoes, gravy and vegetables

## Tuesday Special

### Build Your Own Salad Bowl

#### Salads & Toppings

Bibb Lettuce · Field Organic Greens · Romaine Hearts

Roasted Beets · Radish · Cucumber · Tomato · Olives · Avocado · Red Onion · Carrots

Bacon · Egg · Pistachios · Pepitas · Cranberries

Blue Cheese · Goat Cheese · Feta

Raspberry Vinaigrette · Buttermilk Dressing · Herb Vinaigrette

#### Proteins

Grilled Herb and Garlic Shrimp

Citrus Grilled Chicken Breast

Churrasco Flank Steak

## **Monday January 20<sup>th</sup> thru January 26<sup>th</sup>**

### **Salads & Sandwiches**

**Mediterranean Chicken Sandwich** – Croissant topped with chicken salad, lettuce, and tomatoes

**Turkey Bistro Sandwich** – French roll topped with turkey, bacon, provolone, and sun-dried tomato mayo

**Chicken & Prosciutto Sandwich** – Focaccia bread topped with chicken, prosciutto, fontina cheese, and fig spread

**Thai Steak Sandwich** – Steak roll topped with marinated steak and mango basil salad

**Chef Salad** – A bed of lettuce topped with ham, turkey, cheddar, Swiss, hard-boiled egg and tomato

### **Heat & Serve Entrees**

**Lemon Caper Chicken** – Sauteed chicken breast topped with lemon caper sauce and served with rice pilaf and vegetables

**Spaghetti & Meatballs** – Spaghetti topped with rich marinara sauce and homemade meatballs

### **Tuesday Special**

#### **TOSCANA**

Classic Caesar Salad with Romano Cheese and Garlic Croutons

Bowtie Pasta Salad

Fettuccini Alfredo

Florentine Grilled Steak with Tomatoes and Olive Oil

Grilled Sage Rubbed Chicken with Pecorino Cream

Oregano and Rosemary Baby Potatoes with Olive Oil

Ratatouille with Italian Parsley

# Monday January 27<sup>th</sup> thru February 2<sup>nd</sup>

## Salads & Sandwiches

**The Big Beef Sandwich** - 1000 Island, crispy onions, tomato, provolone, marbled rye

**Southwestern Turkey Wrap** – Avocado, shaved jicama Slaw, Swiss cheese, cilantro aioli  
Tortilla wrap

**Black Forest Ham Sandwich** – Avocado, Monterey Jack, Dill Pickle, lettuce, grilled onion,  
French roll

**Grilled Chicken Sandwich**, roasted red peppers, marinated mushrooms, feta, pesto, Ciabatta

**Mandarin Salad** – Shrimp, carrots, bell peppers, mandarin oranges, sesame chicken

## Heat & Serve Entrees

**Chicken Katsu** – Served with katsu sauce (Japanese BBQ Sauce) Rice and vegetables

**Chipotle Chicken Pasta** – Penne, chicken, red & green peppers tossed with chipotle cream  
sauce

## Tuesday Special

### Taco Tuesday Buffet

Chicken or Steak Tacos

Charro Beans, Spanish Rice

Red Salsa, Green Salsa, Sour Cream, Guacamole, Cheese, Lettuce, Diced Tomatoes