

# February

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



*Room Legend*

- RC = R Corner
- CTR-DR = Center Dining Room
- GR-CR = Grand Community Room
- GR-DR = Grand Dining Room
- CTR-CR = Center Community Room
- GG = Grand Gym
- GP = Grand Pool
- CP = Center Pool
- QC = Q Corner
- SFR = Senior Fit Room
- PDR = Private Dining Room
- AR = Oasis Activity Room
- = You will receive Funny Money For This Event
- = Bldg Captains Recommended

Wellness-heart



Wellness-mind



Wellness-spirit



Wellness-body



1

9:00 Water Aerobics GP  
**12:00 Pokeno CTR-CR**  
 1:00 Mahjong GR-CR  
 1:00 Pinochle CTR-CR  
 1:30 Resident Hosted  
 "13" Game GR-CR  
**2:00 Funny Money  
 Bingo CTR-CR**

**2**  
**Worship Service**  
 10:30 Protestant Service CTR-CR  
  
 11:30 Catholic Communion Service GR-CR  
  
 3:30 Trivia Club Group CTR-CR



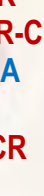
**3**  
 8:30 DVD Exercise CTR-CR/GR-CR  
**8:30 SW Mobility Service CTR-CR**  
**9:00 Kings in the Corner CTR-DR**  
 10:00 Water Aerobics GP  
 10:00 Bible Study CTR-CR  
**12:30 Fry's/Dollar General/Walgreen's/ CVS Shopping**  
 1:00 Diamond Painting Class w/Judy O'Connell CTR-CR  
 4:30 Poker GR-CR



**4**  
 8:30 DVD Exercise CTR-CR/GR-CR  
**9:00 Kings in the Corner CTR-DR**  
 10:00 Water Aerobics GP  
 11:00 Choir Practice CTR-CR  
 1:00 Singing with the Stars/ Karaoke Hour  
 Everyone Welcome CTR-CR  
 2:00 Men's Craft Club RC  
 3:30 Bingo w/Ron CTR-CR



**5**  
**8:30 Fry's/Walgreens/ CVS**  
 8:30 DVD Exercise CTR-CR/GR-CR  
 10:00 Water Aerobics GP  
**10:30 Food City/Library/Post Office/Bank**  
 1:00 Bible Study QC  
 1:00 Steve Hotchner Movie Hour  
 "The Sound of Music" CTR-CR  
 1:00 Chinese Brush Painting Class R-Corner  
 2:00 Prayer Gathering QC  
 2:00 Needlework Group GR-CR  
 3:00 Mex. Train Dominoes CTR-CR  
**4:00 New! Book Club APT.207A**  
 4:30 Poker GR-CR  
 6:30 POKENO w/Kathy CTR-CR



**6**  
 8:30 DVD Exercise CTR-CR/GR-CR  
**9:00 Kings in the Corner CTR-DR**  
 10:00 Water Aerobics GP  
**2:00 Ukulele and Making Music CTR-CR**  
**2:00 POKER CTR-CR**  
 2:00 Men's Craft Club R-Corner  
 3:45 Vito's Italian Restaurant Outing  
 4:00 Sing-a-Long Group GR-CR  
 5:00 Trivia Night w/Chris w/Light Refreshments GR-CR  
 6:00 Funny Money Bingo CTR-CR



**7**  
**8:30 Wal-Mart & Dollar Tree**  
 8:30 DVD Exercise CTR-CR/GR-CR  
 10:00 Water Aerobics GP  
**10:30 CVS/Food City/Walgreen's & Dollar General**  
**10:00 Black History Month Resident Appreciation "Living The Dream" Event CTR-DR**  
**11:00 Choir Practice CTR-CR**  
 1:00 Embroidery Group Mtg RC  
 2:00 Beginners Mahjong CTR-CR  
 4:00 Bible Study The Book of Revelation The Ultimate Hope in Christ QC  
 5:30 POKENO GR-CR



**8**  
 9:00 Water Aerobics GP  
**12:00 Pokeno CTR-CR**  
 1:00 Mahjong GR-CR  
 1:00 Pinochle CTR-CR  
 1:30 Resident Hosted  
 "13" Game GR-CR  
**2:00 Funny Money  
 Bingo CTR-CR**



**\* Please Note: Activities may be subjected to change or cancel at any time**

**Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday**

<p><b>9</b>  <b>Worship Service</b>            10:30 Protestant Service CTR-CR            11:30 Catholic Communion Service GR-CR            3:30 Trivia Club Group CTR-CR</p> <p>♥      </p>	<p><b>10</b>            8:30 DVD Exercise CTR-CR/GR-CR  <b>9:00 Kings in the Corner CTR-DR</b>            10:00 Water Aerobics GP  <b>10:00 Bible Study CTR-CR</b>  <b>12:30 Walmart on Greenfield Shopping</b>  <b>1:00 Diamond Painting Class w/Judy O'Connell CTR-CR</b>  <b>4:30 Poker GR-CR</b></p> <p>♥      </p>	<p><b>11</b>            8:30 DVD Exercise CTR-CR/GR-CR  <b>9:00 Kings in the Corner CTR-DR</b>  <b>9:00 Vet Café &amp; Washington &amp; Lafayette Lecture Presentation w/Ken Sorenson CTR-CR</b>            10:00 Water Aerobics GP  <b>11:00 Choir Practice CTR-CR</b>  <b>1:00 Painting w/Trisha CTR-CR</b>  <b>2:00 Men's Craft Club RC</b>  <b>2:30 Catholic Service GR-CR</b>  <b>3:30 Bingo w/Ron CTR-CR</b></p> <p>♥      </p>	<p><b>12</b>  <b>8:30 Fry's/Walgreens/CVS</b>            8:30 DVD Exercise CTR-CR/GR-CR            10:00 Water Aerobics GP  <b>10:30 Food City/Library/Post Office/Bank</b>  <b>1:00 Bible Study QC</b>  <b>1:00 Chinese Brush Painting Class R-Corner</b>  <b>2:00 Prayer Gathering QC</b>  <b>2:00 Hearing Aid Specialist CTR-CR</b>  <b>2:00 Needlework Group GR-CR</b>  <b>3:00 Mex. Train Dominoes CTR-CR</b>  <b>4:00 New! Book Club APT.207A</b>  <b>4:30 Poker GR-CR</b>  <b>6:30 POKENO w/Kathy CTR-CR</b></p> <p>♥      </p>	<p><b>13</b>            8:30 DVD Exercise CTR-CR/GR-CR  <b>9:00 Kings in the Corner CTR-DR</b>            10:00 Water Aerobics GP  <b>11-2 Not Your Average Doe Bake Sale CTR-CR</b>  <b>2:00 POKER CTR-CR</b>  <b>2:00 Ukulele and Making Music CTR-CR</b>  <b>2:00 Men's Craft Club R-Corner</b>  <b>3:45 Long Horn Steakhouse Restaurant Outing</b>  <b>4:00 Sing-a-Long Group GR-CR</b>  <b>6:00 Funny Money Bingo CTR-CR</b></p> <p>♥      </p>	<p><b>14</b>  <b>8:30 Wal-Mart &amp; Dollar Tree</b>            8:30 DVD Exercise CTR-CR/GR-CR            10:00 Water Aerobics GP  <b>10:30 CVS/Food City/Walgreen's &amp; Dollar General</b>  <b>11:00 Choir Practice CTR-CR</b>  <b>12:00 Valentine's Day Social w/Entertainment &amp; Light Refreshments GR-CR</b>  <b>1:00 Embroidery Group Mtg RC</b>  <b>2:00 Beginners Mahjong CTR-CR</b>  <b>4:00 Bible Study The Book of Revelation The Ultimate Hope in Christ QC</b>  <b>5:30 POKENO GR-CR</b></p> <p>♥      </p>	<p><b>15</b>            9:00 Water Aerobics GP  <b>11-2 Encore! Not Your Average Doe Bake Sale GR-CR</b>  <b>12:00 Pokeno CTR-CR</b>            1:00 Mahjong GR-CR            1:00 Pinochle CTR-CR            1:30 Resident Hosted "13" Game GR-CR  <b>2:00 Funny Money Bingo CTR-CR</b></p> <p>♥      </p>
<p><b>16</b>  <b>Worship Service</b>            11:00 Protestant Service CTR-CR            11:30 Catholic Communion Service GR-CR            3:30 Trivia Club Group CTR-CR</p> <p>♥      </p>	<p><b>17</b>            8:30 DVD Exercise CTR-CR/GR-CR  <b>9:00 Kings in the Corner CTR-DR</b>            10:00 Water Aerobics GP  <b>10:00 Bible Study CTR-CR</b>  <b>12:30 Trader Joe's/Sprout's Shopping</b>  <b>1:00 Diamond Painting Class w/Judy O'Connell CTR-CR</b>  <b>4:30 Poker GR-CR</b></p> <p>♥      </p>	<p><b>18</b>            8:30 DVD Exercise CTR-CR/GR-CR  <b>9:00 Kings in the Corner CTR-DR</b>            10:00 Water Aerobics GP  <b>11:00 Choir Practice CTR-CR</b>  <b>1:00 Carol Burnett Comedy Hour w/Activities GR-CR w/Light Refreshments GR-CR</b>  <b>2:00 Men's Craft Club RC</b>  <b>3:30 Bingo w/Ron CTR-CR</b></p> <p>♥      </p>	<p><b>19</b>  <b>8:30 Fry's/Walgreens/CVS</b>            8:30 DVD Exercise CTR-CR/GR-CR            10:00 Water Aerobics GP  <b>10:30 Food City/Library/Post Office/Bank</b>  <b>1:00 Bible Study QC</b>  <b>1:00 Chinese Brush Painting Class R-Corner</b>  <b>2:00 Prayer Gathering QC</b>  <b>2:00 Needlework Group GR-CR</b>  <b>3:00 Mex. Train Dominoes CTR-CR</b>  <b>4:00 New! Book Club APT.207A</b>  <b>4:30 Poker GR-CR</b>  <b>6:30 POKENO w/Kathy CTR-CR</b></p> <p>♥      </p>	<p><b>20</b>            8:30 DVD Exercise CTR-CR/GR-CR  <b>9:00 Kings in the Corner CTR-DR</b>  <b>10:00 Resident Appreciation Love Yourself Wellness Event w/Light Refreshments GR-CR</b>            10:00 Water Aerobics GP  <b>2:00 POKER CTR-CR</b>  <b>2:00 Ukulele and Making Music CTR-CR</b>  <b>2:00 Men's Craft Club RC</b>  <b>3:45 Red Robbin Restaurant</b>  <b>4:00 what's For Dinner Club "For More Info Volunteer Center"</b>  <b>6:00 Funny Money Bingo CTR-CR</b></p> <p>♥      </p>	<p><b>21</b>  <b>8:30 Wal-Mart &amp; Dollar Tree</b>            8:30 DVD Exercise CTR-CR/GR-CR  <b>9:00 Superstition Farms 5 C's Experience Private Tour \$15</b>            10:00 Water Aerobics GP  <b>10:30 CVS/Food City/Walgreen's &amp; Dollar General</b>  <b>11:00 Choir Practice CTR-CR</b>  <b>1:00 Embroidery Group Mtg RC</b>  <b>2:00 Beginners Mahjong CTR-CR</b>  <b>4:00 Bible Study The Book of Revelation The Ultimate Hope in Christ QC</b>  <b>5:30 POKENO GR-CR</b></p> <p>♥      </p>	<p><b>22</b>            9:00 Water Aerobics GP  <b>12:00 Pokeno CTR-CR</b>            1:00 Mahjong GR-CR            1:00 Pinochle CTR-CR            1:30 Resident Hosted "13" Game GR-CR  <b>2:00 Funny Money Bingo CTR-CR</b></p> <p>♥      </p>
<p><b>23</b>  <b>Worship Service</b>            11:00 Protestant Service CTR-CR            11:30 Catholic Communion Service GR-CR            3:30 Trivia Club Group CTR-CR</p> <p>♥      </p>	<p><b>24</b>            8:30 DVD Exercise CTR-CR/GR-CR  <b>9:00 Kings in the Corner CTR-DR</b>            10:00 Water Aerobics GP  <b>10:00 Bible Study CTR-CR</b>  <b>12:30 Ross/Burlington's Shopping</b>  <b>1:00 Diamond Painting Class w/Judy O'Connell CTR-CR</b>  <b>4:30 Poker GR-CR</b>  <b>4:30 Movie Night "" w/ Refreshments CTR-CR</b></p> <p>♥      </p>	<p><b>25</b>            8:30 DVD Exercise CTR-CR/GR-CR  <b>9:00 Kings in the Corner CTR-DR</b>            10:00 Water Aerobics GP  <b>11:00 Choir Practice CTR-CR</b>  <b>1:00 Price is Right Game w/Activities w/Light Refreshments GR-CR</b>  <b>2:00 Men's Craft Club RC</b>  <b>3:30 Bingo w/Ron CTR-CR</b></p> <p>♥      </p>	<p><b>26</b>  <b>8:30 Fry's/Walgreens/CVS</b>            8:30 DVD Exercise CTR-CR/GR-CR            10:00 Water Aerobics GP  <b>10:30 Food City/Library/Post Office/Bank</b>  <b>1:00 Bible Study QC</b>  <b>1:00 Chinese Brush Painting Class R-Corner</b>  <b>2:00 Prayer Gathering QC</b>  <b>2:00 Needlework Group GR-CR</b>  <b>3:00 Mex. Train Dominoes CTR-CR</b>  <b>4:00 New! Book Club APT.207A</b>  <b>4:30 Poker GR-CR</b>  <b>6:30 POKENO w/Kathy CTR-CR</b></p> <p>♥      </p>	<p><b>27</b>            8:30 DVD Exercise CTR-CR/GR-CR  <b>9:00 Kings in the Corner CTR-DR</b>            10:00 Water Aerobics GP  <b>1:00 George Washington Lecture Presentation w/Ken Sorenson CTR-CR</b>  <b>2:00 Ukulele and Making Music CTR-CR</b>  <b>2:00 Men's Craft Club R-Corner</b>  <b>3:45 IHOP Restaurant Outing</b>  <b>4:00 Sing-a-Long Group GR-CR</b>  <b>6:00 Funny Money Bingo CTR-CR</b></p> <p>♥      </p>	<p><b>28</b>  <b>8:30 Wal-Mart &amp; Dollar Tree</b>            8:30 DVD Exercise CTR-CR/GR-CR  <b>9:00 Functional Pathways Senior Group Outing</b>            10:00 Water Aerobics GP  <b>10:30 CVS/Food City/Walgreen's &amp; Dollar General</b>  <b>11:00 Choir Practice CTR-CR</b>  <b>1:00 Embroidery Group Mtg RC</b>  <b>2:00 Beginners Mahjong CTR-CR</b>  <b>4:00 Bible Study The Book of Revelation The Ultimate Hope in Christ QC</b>  <b>5:30 POKENO GR-CR</b></p> <p>♥      </p>	 <p><b>FELLOWSHIP SQUARE</b>            HISTORIC MESA</p>

**\* Please Note: Activities may be subjected to change or cancel at any time**