



FELLOWSHIP SQUARE
TUCSON



The
Villager

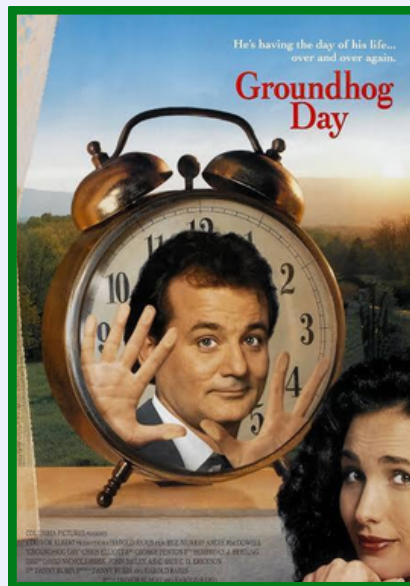


March 2025

FEBRUARY MOVIES AT THE SQUARE



Saturday,
March 1st
1pm V2GR



Monday,
March 24th
2pm V2GR



Monday,
March 31st
2pm V2GR



Management Team Contact Information

Executive Director	George Ortega	520-721-3020
Administrative Assistant:	Yadira Celaya	520-721-3010
Property Accountant	Susan Finnegan	520-721-3019
Maintenance Facility Director	Andres Galaz	520-721-3023
Food Service Director	Aristotelis Catsaros	520-721-3044
Sales & Marketing Director	Marissa Soto	520-731-6695
Leasing Coordinator	Sandra Luety	520-721-3002
Dining Room Manager	Rebecca Herod	520-721-3046
Activity/Transportation	Michelle Hernandez	520-721-3003
Physical Therapy	Rachel PTA	520-721-3033
Community Chaplain	Al Story	520-721-3009
Housekeeping Manager	Shannon Corcoran	520-721-3013
Oasis AL Manager	Maribel Centeno	520-461-1458
Administrative Coordinator/ Move Out & Financial Assistance Programs	Laura Outram	520-721--3001
Resident Services Coordinator	Christy Klinetobe	520-721-3006

 Come Have Fun With Us! Activities Dept.



Campus Phone Numbers

Bistro	520-731-6680
Fitness Specialists (Logan)	520-461-1460
Maintenance	520-731-6699
Security	520-721-3017
Salon at the Square	520-298-7776
Main Office	520-886-5537

Community Resources

Glenn (Wheelchair Repair)	520-323-7400
Susan Tek (Hearing)	520-870-8725
PCOA Helpline	520-790-7262
24hr Elderly Crisis Line	520-339-2801
Sun Tran Customer Service	520-792-9222
Stroke Support Group throughTMC	520-488-5009



Come Have Fun With Us! Activities Dept.

TRANSPORTATION OFFERED

Monday

- 9am - Fry's
- 9am - Walgreen's
- 10am - Fry's
- 10am - Dollar Tree
- 1pm - Walmart
- 1pm - Safeway
- 1pm - Target/ Albertson's
- 1pm - Michael's / Ross

Wednesday

- 9am - Fry's
- 9am - Trader Joe's
- 10am - Fry's
- 10am - Dollar Tree
- 1pm - Banks/ Injoy
- 1pm - Sprouts/ Kohl's/ UPS
- 1pm - Walmart Market
- 1pm - Milady's Nail Spa

Check your calendar for the weekly rotation of stores!

Tuesday & Thursday

- **9am - 1pm Doctor and Dentist Appointments**



- 8:15am pick up in front of your Villa for a 9am appointment

- Last pick up from your Villa is at 1pm for your afternoon appointments

- **If you have an appointment, Transportation needs at least a 48 hour notice of your need for a ride. Call 520-721-3003 to schedule your ride!**

THE LOOP

EVERY FRIDAY 9AM-12PM

No sign up required

Pick up is at each Villa's bus stop

3 loops to choose from!

Last Villa pick up is at 12pm

Last pick up from the site is at 3pm

LOOP 1- PANTANO

Fry's (Speedway)

Dollar Tree

Walgreens (Pantano)

DMV (Pantano)

LOOP 2- SPEEDWAY

Trader Joe's

CVS (Broadway & Prudence)

Walmart (on Speedway & Kolb)

LOOP 3- BROADWAY/CAMINO

Walmart Market

Dollar Tree

Great Clips (Broadway & Camino Seco)

Walgreens (Camino Seco)



EMPLOYEE HEROES FOR THE MONTH OF MARCH

- Allette Matthew - 3 Years
- Amanda Vidal-Glidewell - 9 years
- Christopher Bosak - 6 years
- Terry Steffen - 6 years
- Ed Reyes - 6 years
- Karna Dimka - 1 year
- Kristen Sandersen 1 year



If you're interested in volunteering for the gym, please contact Logan at 520 461 1460

Quick Reminder

For free prescription delivery to your door, please contact:

Walgreens Community
Pharmacy
3627 N. Campbell Ave
(520) 232-2037

Therapy Corner

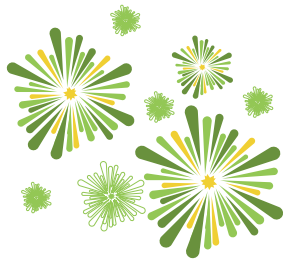
Strong Foundations: Maintaining Muscles
and Confidence

JOIN US! March 19th at 11am (V2MPR)

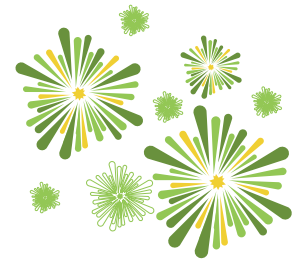
What to Expect:

- Learn the benefits of muscle strength
- Tips for improving strength
- Strength challenge
- Q & A





MARCH OUTINGS



LET'S LEAVE THE SQUARE!

IHOP

MONDAY, MARCH 10
9AM

Pick up times:

V1: 8:35am / V3: 8:40am
V4: 8:45am / V2: 8:50am

CASINO DEL SOL

SATURDAY, MARCH 15
11AM

Pick up times:

V1: 10:00am / V3: 10:05am
V4: 10:10am / V2: 10:15am

MAMA LOUISA'S

WEDNESDAY, MARCH 19
4PM

Pick up times:

V1: 3:25pm / V3: 3:30pm
V4: 3:35pm / V2: 3:40pm

EL SUR

WEDNESDAY, MARCH 26
4PM

Pick up times:

V1: 3:30pm / V3: 3:35pm
V4: 3:40pm / V2: 3:45pm



CHURCH AT THE SQUARE



Onsite Worship Services

Every Sunday afternoon at 3pm
conducted by local partnering
churches in the Villa 2 Great Room

Bible Studies

- Mondays Villa 1 1pm
- Wednesdays Villa 2 10am
- Thursdays Villa 4 10am

Grief Share

A wonderfully helpful Grief Recovery
Program for those who have lost a
loved one.

****Offered as needed****

Encouraging Word Library

A Christian Reading
Room in Villa 1
Clubhouse

Open Tuesdays &
Thursdays 9am-11am





*Saint
Patrick's
Day*



Happy Hour

WEDNESDAY, MARCH 5TH

4:30PM V2GR



Join Activities at 4:30pm for a green beer (Alcoholic or Non-Alcoholic) and enjoy the *Irish Step Dancers of Arizona!*

—— Happy Hour starts at 4:30pm ——

—— Irish Step Dancers start at 5:30pm ——



Bistro Hours

Breakfast: 7:00 AM - 10:00 AM
Lunch: 11:00 AM - 7:00 PM
Sunday Through Saturday
*Only Breakfast on Sundays

Dining Room Hours

Monday - Saturday
11:30am - 5:00pm
To-Go - 11:30am - 5:45pm
Sunday
11:00am - 2:00pm
To-Go - until 2:45pm

CURANA'S CORNER

Curana Health is now accepting new patients. Discover the wide range of services we offer as YOUR on-site medical clinic! Give us a call at 520-724--0682 to discuss how we can support your healthcare needs. We are located in Villa 2 Suite 166. Come say hello!

Walk in Wednesdays - 9:30am-12pm

Join Curana Health in the V4CH on, Tuesday March 4th from 10:30-11:30am for our monthly Blood Pressure Clinic. If you have a blood pressure cuff, **please bring it with you!** Additionally, Shirley will be on hand for Hearing Aid checks!



NOURISH TO FLOURISH MARCH 20TH 10AM (V2MPR)

Join us for a brief presentation to learn how nutrition plays a vital role in your well - being. Come meet the **Curana Health Clinic Staff** and explore the benefits of Curana Health. Discover the services we offer as **YOUR on - site medical clinic!**

Refreshments will be provided! We look forward to seeing you there!

DID YOU KNOW?!?

Did you know that St. Patrick wasn't actually Irish? He was born in Britain (likely Scotland or Wales) and was kidnapped by Irish raiders when he was about 16. He later escaped, but eventually returned to Ireland as a missionary and became the country's patron saint!





GREEN SMOOTHIE **RECIPES**

YOU WILL NEED:

1 CUP COCONUT MILK, OR WATER

1 FROZEN BANANA

1 CUP BABY SPINACH

1 CUP (FRESH OR FROZEN) PINEAPPLE CHUNKS

BLEND ALL THE INGREDIENTS IN A HIGH - SPEED
BLENDER UNTIL SMOOTH. ENJOY!

**STOP BY RESIDENT SERVICES ON MARCH 17TH TO
GET YOUR COMPLIMENTARY GREEN SMOOTHIE,
SPONSORED BY ACTIVITIES BETWEEN 10AM -11AM**

ANNOUCEMENT

Would you like to
donate empty soda
cans "TO THE CATS?"
please rinse them out
and then drop them off
in the box outside of the
Activities Office

Thank you!



ANNOUCEMENT

Security is requesting -
please do not leave
your dog tied up outside
the Dining Room while
you eat!



Adventures in Art

This month's topic is...

Desert Dreams: Frank Lloyd Wright in Arizona

Flamboyant, legendary and innovative architect Frank Lloyd Wright designed buildings with a deep affinity with Arizona's unique landscape.

Monday, March 3rd at 10:30am (V2GR)

Project Arizona

Keri Woolston presents on all things Arizona! Join her on **Monday, March 17th at 10:30am (V2GR)** to learn about the Navajo Tribal Park. Learn about the Monument Valley, Antelope Canyon and Four Corners AZ!

Annie's Eye Talk

Putting toothpaste on a toothbrush can be difficult and messy. So, from your own tube of toothpaste, squeeze the desired amount into your mouth. Yahoo! Why didn't I think of that?!

Susan's Joke

Why do leprechauns hate running late?

They would rather jig than jog!



Valentine's Day Happy Hour





FELLOWSHIP SQUARE
TUCSON

Sync up with Services

Conversations with Resident Services!

Wed, March 19th

1pm-2pm (V2GR)

Enjoy some light appetizers
and share your thoughts
with Christy and the team!

If you've ever
wondered what
services we offer, this
is a great time to learn!



**THE OPERA
IS BACK!**

**ROSSINI'S
"THE BARBER OF SEVILLE"**

**SATURDAY, MARCH 8TH
10AM-2PM - V2GR**

**ENJOY REFRESHMENTS
AND AN AFTERNOON
AT THE OPERA!**



Valentine's Party in Oasis



PIZZA

**JOIN
US**

TIME



THURS, MARCH 20TH

PIZZA & SHUFFLEBOARD

*JOIN ACTIVITIES AT THE V2 E. RAMADA
DURING SHUFFLEBOARD FOR PIZZA!*

2 PM

THROUGH

4PM

RESIDENT LED GROUPS

We wanted to highlight the Resident Lead Groups here at The Square! If there is a group not listed here, let us know and we will add it!

Cardio Drumming - Every Monday 9am - V2GR

Ukulele Group- Every Monday 10am-11:30am - V1 CH

Bridge Group - Every Monday 1pm-3pm - V3 CH

Poker Night- Every Monday 6pm-8pm - V1 CH

Balloon Volleyball - Every Tuesday 8:30am - V2GR

Villa Voices- Every Wednesday 3:30pm-5pm - V2GR

Book Club- Every 3rd Monday 11:30am - V3 CH

Knit Wits - Every Thursday 1pm-3pm - V1 CH

Shuffleboard- Every Tues/Sat 4pm-6pm - V2 E. Ramada

Bingo- Every Friday 2pm-3:30pm - V2GR

Friends Who Write- Every Friday 10am-11:15am - V2 MPR

Friends Who Write- Every Sat. 10am-11:15am - V4 CH

Low Vision Support Group- Every 3rd Monday 3pm - V4CH

RESIDENT LED GROUPS

We wanted to highlight the Resident Lead Groups here at The Square! If there is a group not listed here, let us know and we will add it!

Chair Exercises - Every Mon,Wed,Fri 8:45am -V3 CH

Rummikub- Every Monday 1pm-3pm - V2GR

Rummikub- Every Saturday 9am 11:30am- V1 CH

Bible Study- Every Saturday 9am 11:30am- V1 CH

Pinocle- Every Tuesday, 1pm - V1 CH

Mexican Train Dominos- Every Sunday, 2pm - V2 MPR

Mexican Train Dominos- Every Monday, 1pm - V2 MPR

Rummikub- Every Tuesday- 1pm-3pm - V2GR

Red Hat Ladies- 1st Monday of the month- 1pm- Agape Room

Bridge Group - Every Wednesday 1pm-3pm - V3 CH

Euchre - Every Wednesday 2pm - V1 CH