

FELLOWSHIP SQUARE HISTORIC

April 14th thru April 20th

SALADS & SANDWICHES

Includes soup or beverage, dessert and choice of two sides \$9

Trio Salad - Leaf lettuce topped with tuna salad, egg salad, and chicken salad

Shrimp Salad

Mixed greens, topped with avocados, tomatoes, hard boiled egg and shrimp

Gold Canyon Burger - Choice of cheddar, Swiss, or American cheese

All Beef Hot Dog – 1/4 pound hot dog on a bun

Impossible Burger

Gluten free vegan patty topped with aged cheddar cheese

Chicken Quesadilla

A flour tortilla topped with cheese, peppers, onions and shredded chicken

Tuna Salad Sandwich - Whole wheat bread topped with homemade tuna salad, lettuce, and tomatoes

SIDE DISHES (No half orders allowed)

Ala Carte Sides \$1.50

Mashed Potatoes & Gravy

French Fries

Sweet Potato Fries

Baked Beans

Cauliflower

Asparagus

Mixed Vegetables

Fruit Salad

Macaroni Salad

Cup of Soup

Dessert of the Day

Cottage Cheese

Mashed Yams

ENTREES

Includes your choice of soup or salad, dessert, two side dishes, and beverage \$9

Orange Roughy - Topped with Veracruz sauce
Recipe is from Mayo Clinic and is heart healthy, diabetic and DASH diet friendly

Chicken Thighs with Okra & Tomatoes - Chicken thighs roasted and cooked with tomatoes and okra served on a bed of rice

Baked Pork Chop - Topped with onion gravy

Top Sirloin Steak - Served with your choice of sides

Grilled Chicken Breast (GF) - Served with your choice of sides

Beef Medallions - Topped with chimichurri (Brazilian herb pesto)

Lemon Garlic Parmesan Shrimp Pasta

Shrimp sauteed with spinach, garlic, lemon, white wine, fresh basil served on a bed of pasta

Orange-Rosemary Roasted Chicken - Chicken marinated in an orange rosemary dressing and served with your choice of sides
Recipe is from Mayo Clinic and is heart healthy,